THE UNIVERSITY OF TEXAS MDAnderson Cancer Center

Making Cancer History*

GIST 201: Why Pathology & Your Pathologist Matters (or, That Mysterious Doctor You Never Meet)



GSI Patient Summit Saturday 26 September 2014

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Section of Soft Tissue/Sarcoma Pathology

Faculty Sarcoma Research Center

GIST Pathology: Lecture Overview

- 1. What happens to my tumor in pathology?
- 2. What information is in my pathology report?
- 3. Why is this information there?
- 4. What is the evidence that the information is useful?

What happens to my tumor in pathology?



Tumor is examined by a pathologist.

Tumor sample is received from the OR and logged into computer.





Tumor is sampled and placed in plastic cassettes for further processing. Tumor is also given to cytogenetics, tumor bank, molecular diagnosis and electron microscopy when appropriate.



The tissue blocks are fixed in formalin and then loaded on a tissue processor overnight.

Tissue processing is done overnight and utilizes graded treatments of formalin, ethanc xylene and paraffin.





Blocks are retrieved from the tissue processor.

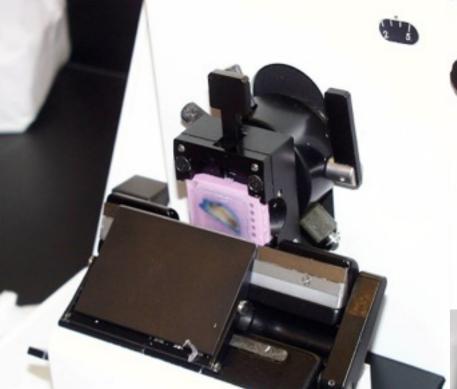






The tissue fragments are embedded in a paraffin mold and cooled – resulting in a tissue block.





The paraffin-embedded blocks are loaded and cut using a microtome.





Tissue paraffin ribbons are placed in a warm waterbath and then picked up on glass slides.



The unstained slides can be used for H&E, special stains, immunohistochemistry, molecular studies, etc.





Most slides are H&E (hemotoxlin & eosin) stained, given coverslips, organized and delivered to the proper pathologist.



Additional unstained slides can be cut at a later time.



After final diagnosis, both slides and the paraffin blocks from which they are cut are cataloged and stored for future use.



What information is in my pathology report?



Protocol for the Examination of Specimens From Patients With Gastrointestinal Stromal Tumor (GIST)

Based on AJCC/UICC TNM, 7th edition

Protocol web posting date: June 2012

Procedures

- Biopsy
- Resection

Authors

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* Denotes primary author. † Denotes senior author. All other contributing authors are listed alphabelically.

Surgical Pathology Cancer Case Summary

Protocol web posting date: June 2012

GASTROINTESTINAL STROMAL TUMOR (GIST): Resection

Select a single response unless otherwise indicated.

Procedure

- ___ Excisional biopsy
- ___ Resection
 - Specify type (eg, partial gastrectomy): _____
- ___ Metastasectomy
- __ Other (specify): _____
- ___ Not specified

Tumor Site

Specify (if known): _____ ___ Not specified

Tumor Size

Greatest dimension: ___ cm + Additional dimensions: ___ x ___ cm

Cannot be determined (see "Comment")

Tumor Focality

____ Unifocal

- ____ Multifocal
 - Specify number of tumors: _____
 - Specify size of tumors: _____

GIST Subtype

- ____ Spindle cell
- ____ Epithelioid
- ___ Mixed
- ___ Other (specify): _____

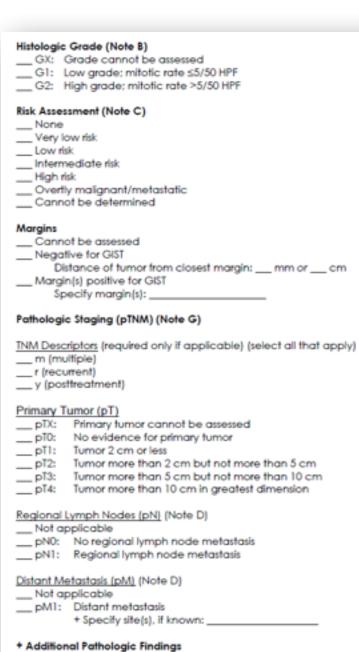
Mitotic Rate

Specify: ____ /50 HPF

Note: The required total count of mitoses is per 5 mm² on the glass slide section. With the use of older model microscopes, 50 HPF is equivalent to 5 mm². Most modern microscopes with wider 40X lenses/fields require only 20 HPF to embrace 5 mm². If necessary please measure field of view to accurately determine actual number of fields required to be counted on individual microscopes to count 5 mm².

+ Necrosis

- + ___ Not identified
- + ___ Present
 - + Extent: ___%
- + ___ Cannot be determined

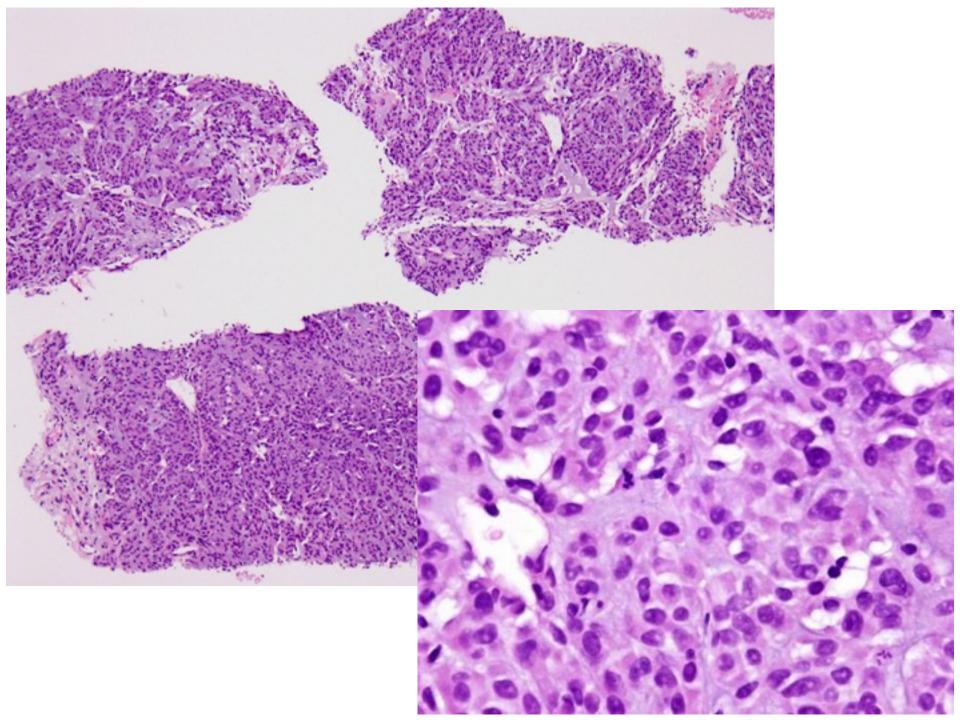


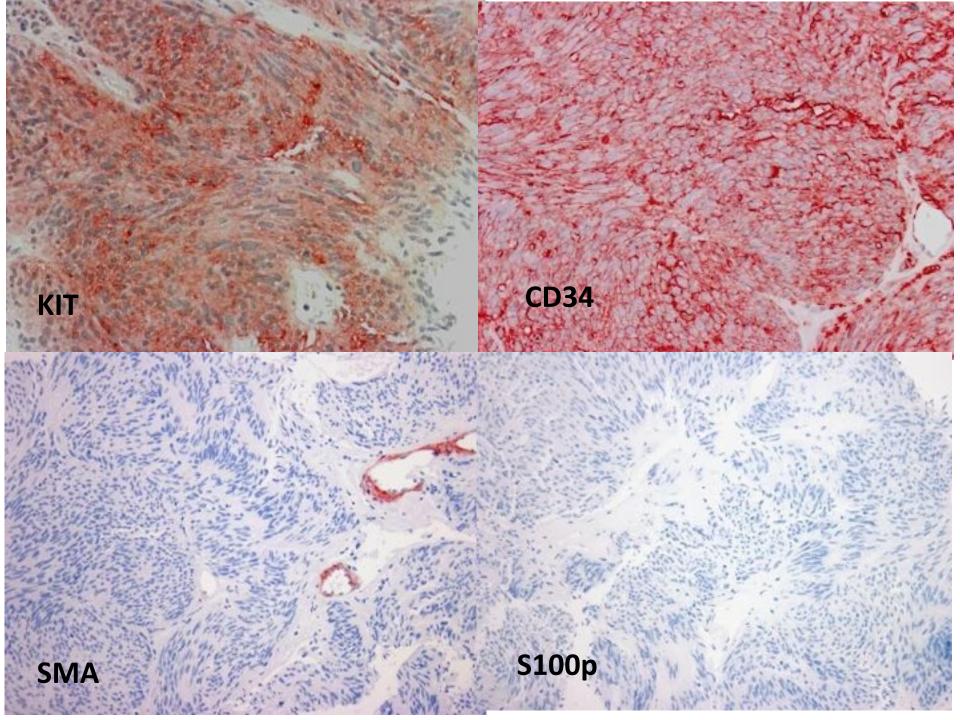
+ Specify:

Anci	illary Studies (select all that apply) (Note E)
<u>lmm</u>	unohistochemical Studies
K	(IT (CD117)
	Positive
	Negative
	Others (specify):
	Not performed
Mole	ecular Genetic Studies (eg, KIT or PDGFRA mutational analysis)
\$	Submitted for analysis; results pending
F	Performed, see separate report:
F	Performed
	Specify method(s) and results:
1	Not performed
Braze	and the structure of (and all that such a)
	esection Treatment (select all that apply) No therapy
	Previous biopsy or surgery
-'	Specify:
S	Systemic therapy performed
_	Specify type:
Т	herapy performed, type not specified
	Jnknown
_	
+ Tre	atment Effect (Note F)
	ecify percentage of viable turnor:%
+ Co	omment(s)

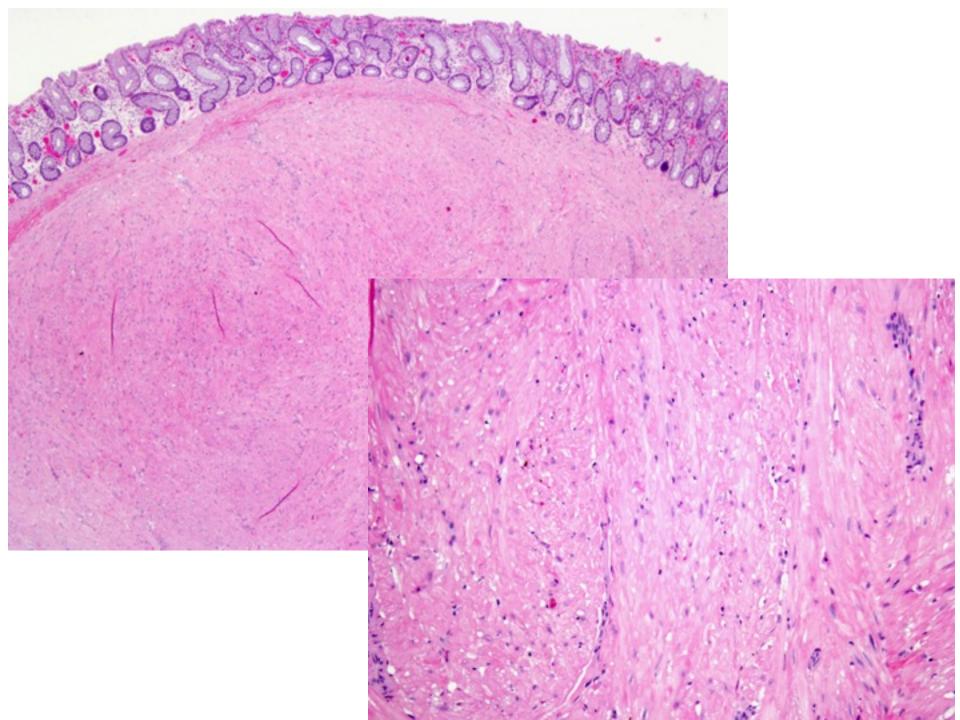
Getting the diagnosis right

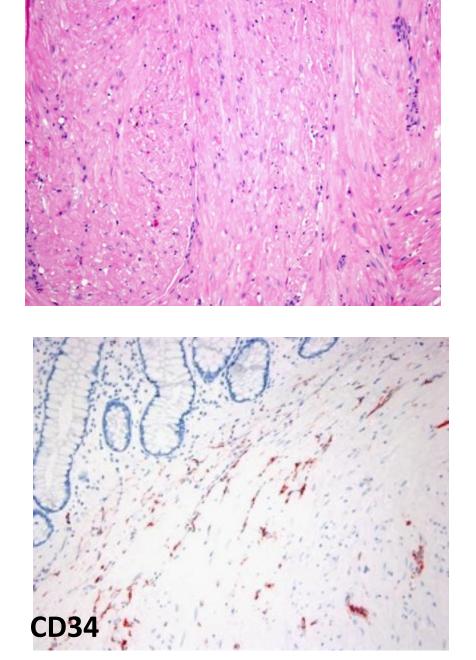
Case 1

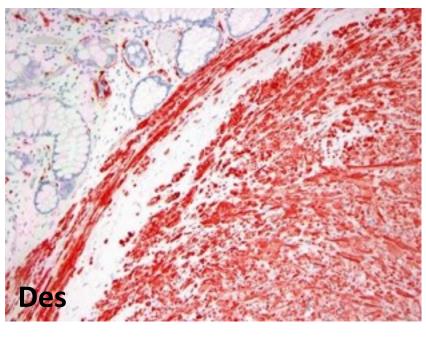




Case 2

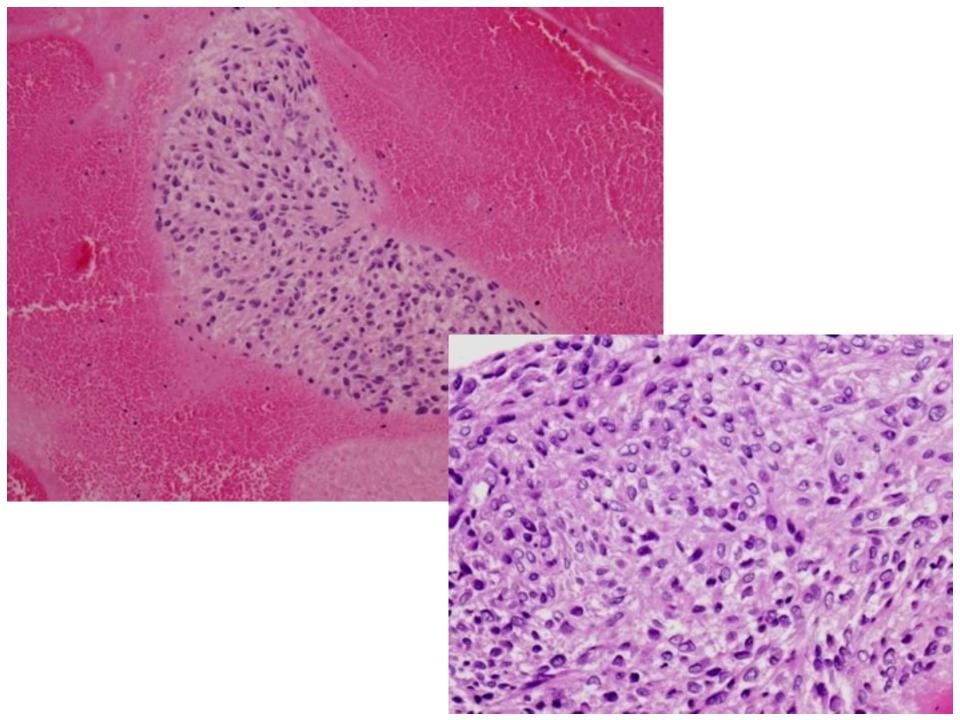


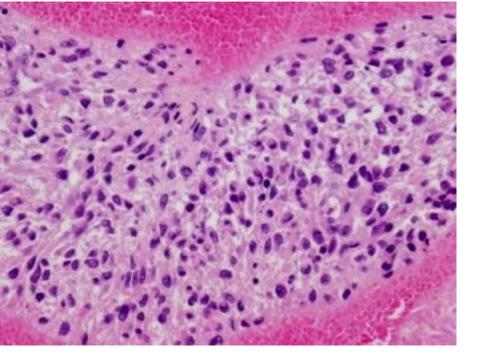


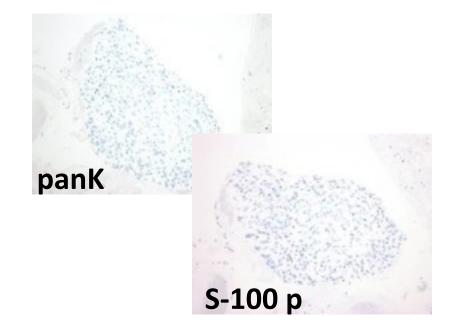


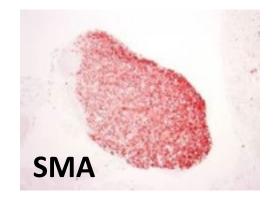


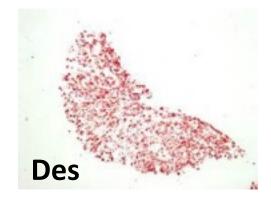
Case 3



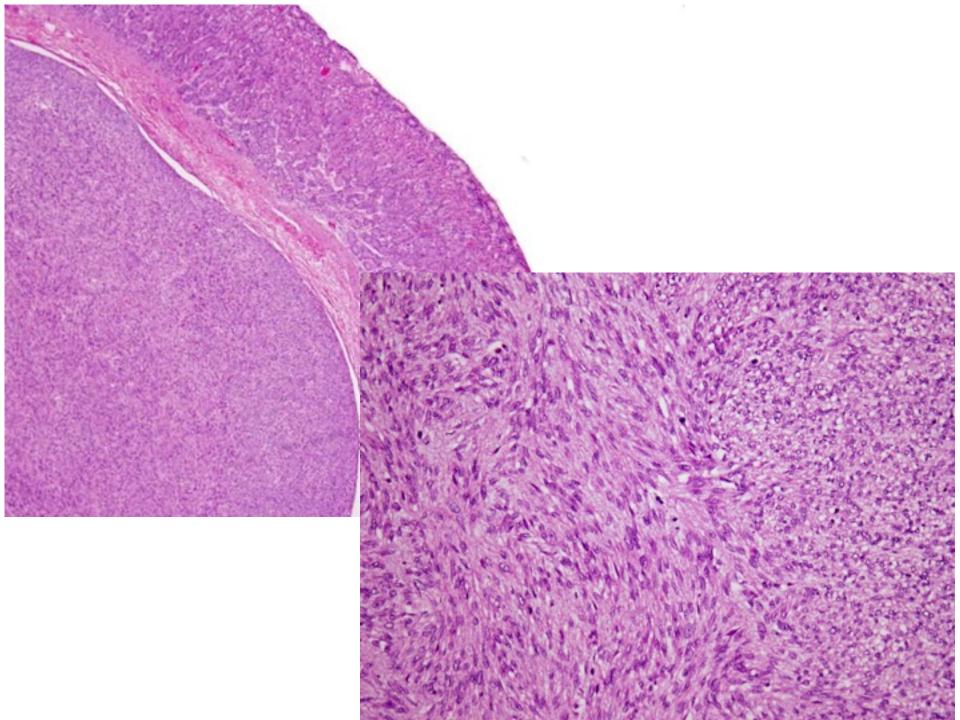


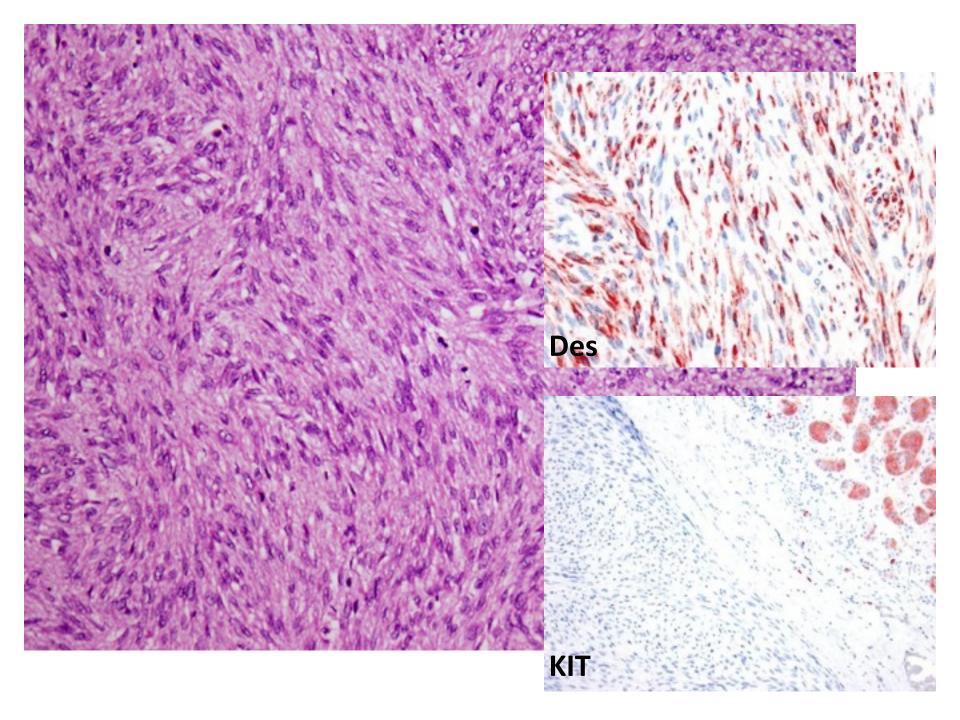


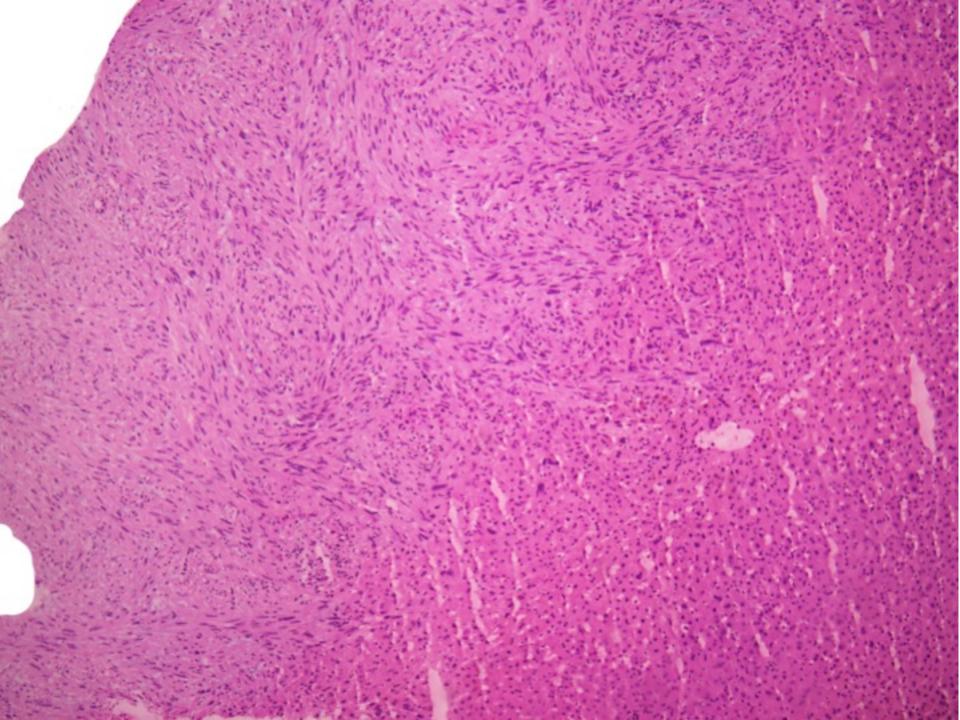




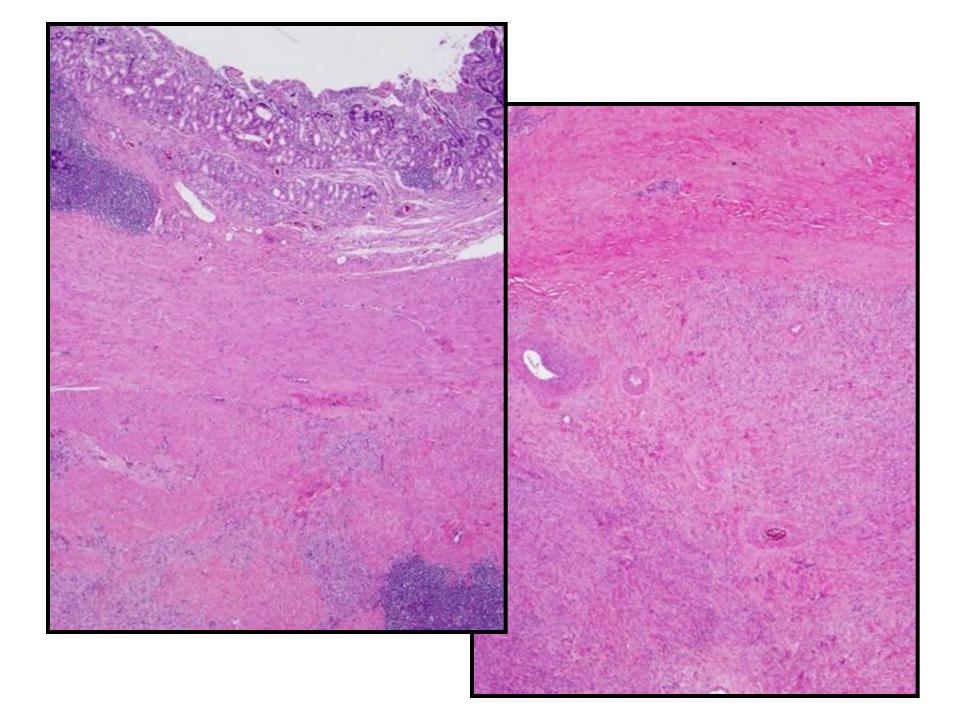


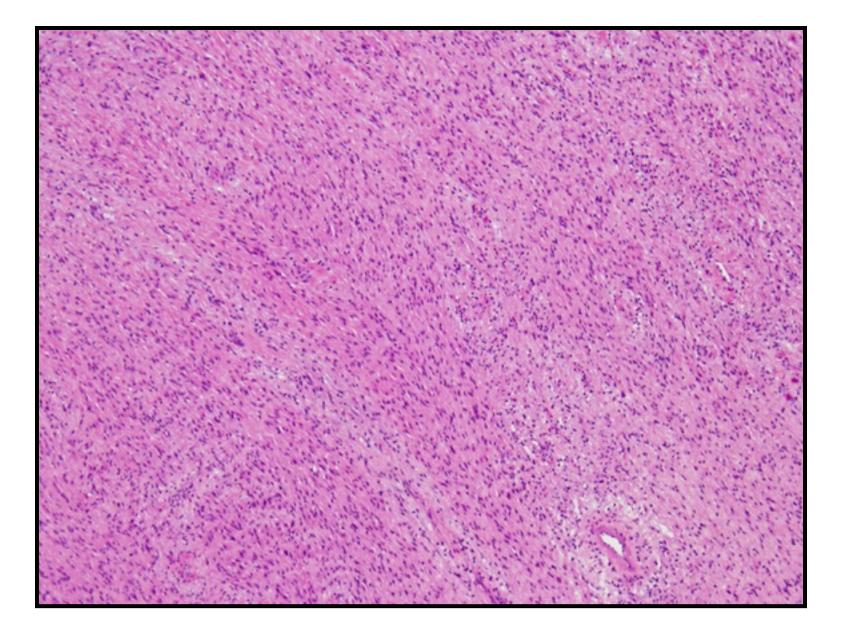


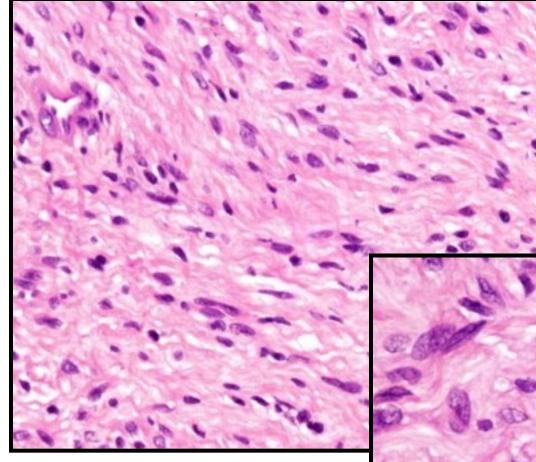


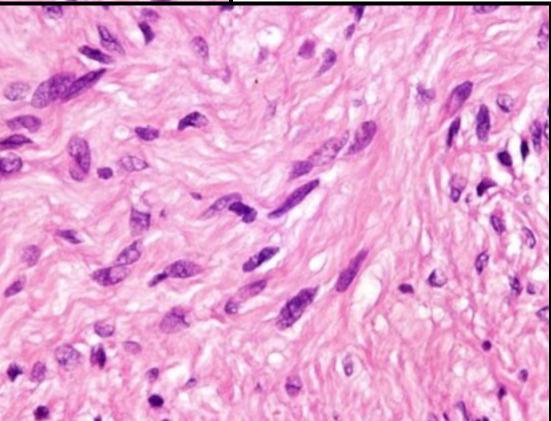




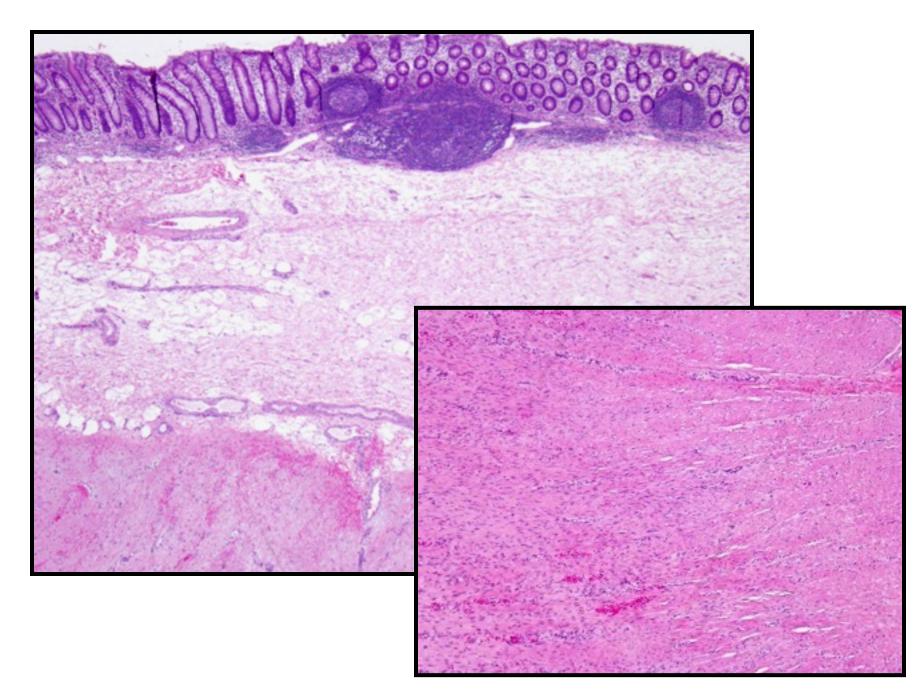


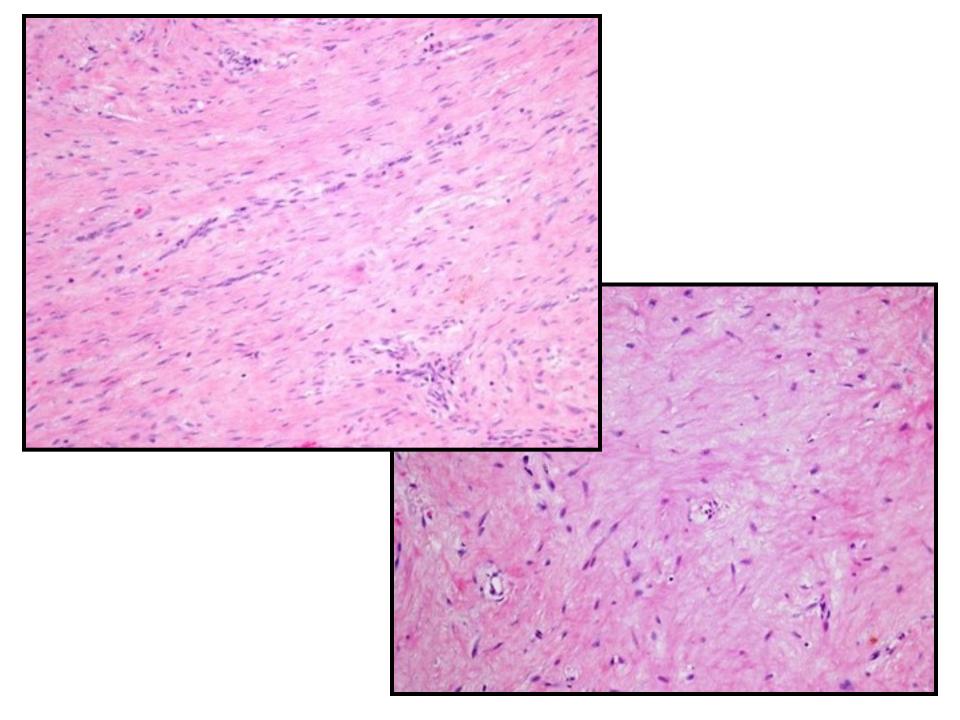


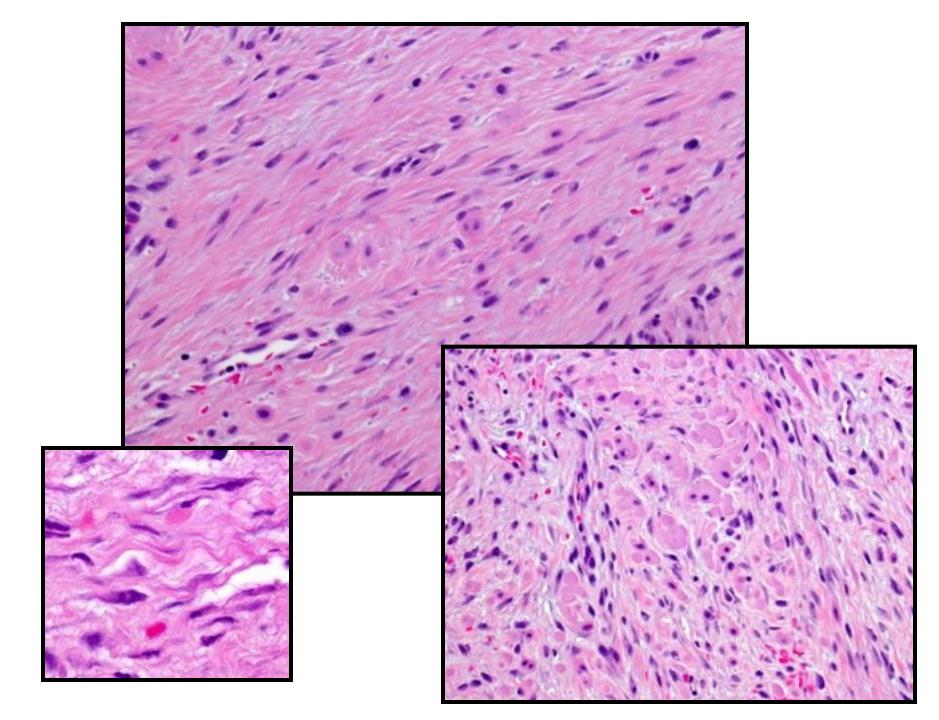


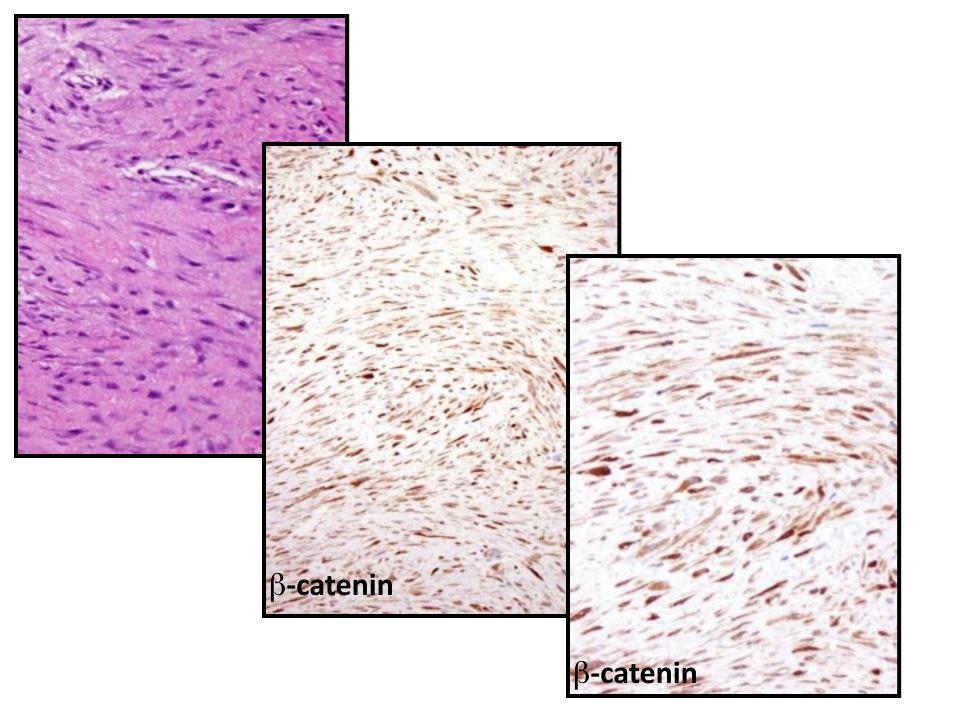


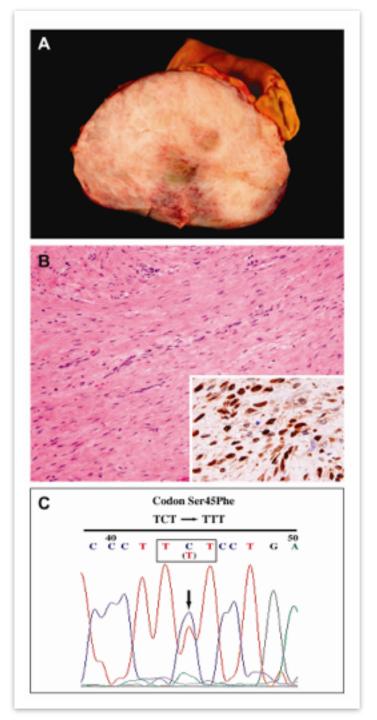








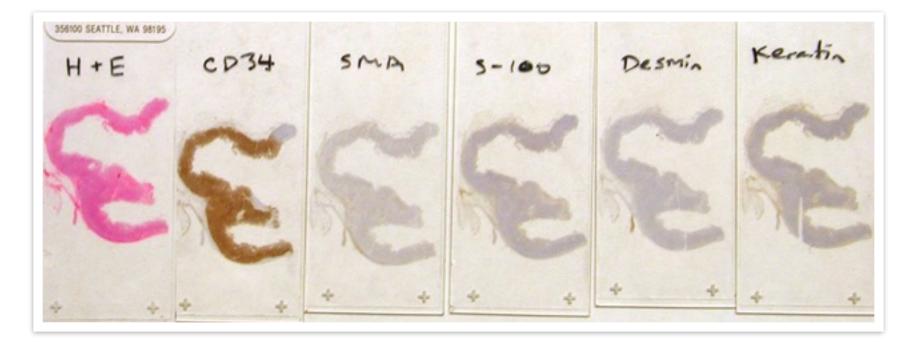




Immunohistochemical Scheme

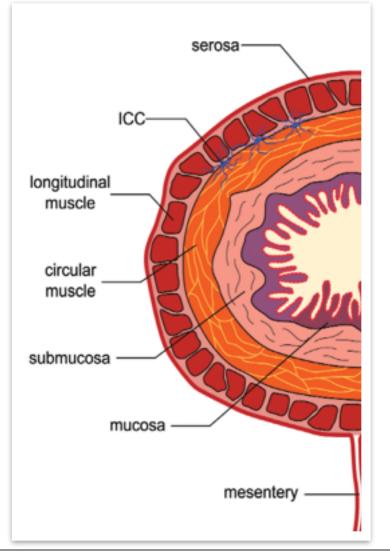
DIAGNOSIS	KIT	CD34	Ker	SMA	DES	S-100
GIST	+	+(70%)	-	+(40%)	-	-
Carcinoma	-	-	+	+(sar)	-	-
Melanoma	+/-	-	-	-	-	+
Leiomyoma	-	+/-	+/-	+	+	-
Leiomyosarcoma	-	+/-	+/-	+	+/-	-
Schwannoma	-	-	-	-	-	+
Fibromatosis	-	-	-	-	-	+/-

Immunohistochemical Profile of GISTs (Circa 1997 and prior)



Gastrointestinal Stromal Tumor

CD117



Hornick & Lazar. GSI website: Understanding Your Pathology Report for GIST

 Arise from the interstitial cells of Cajal (ICC)

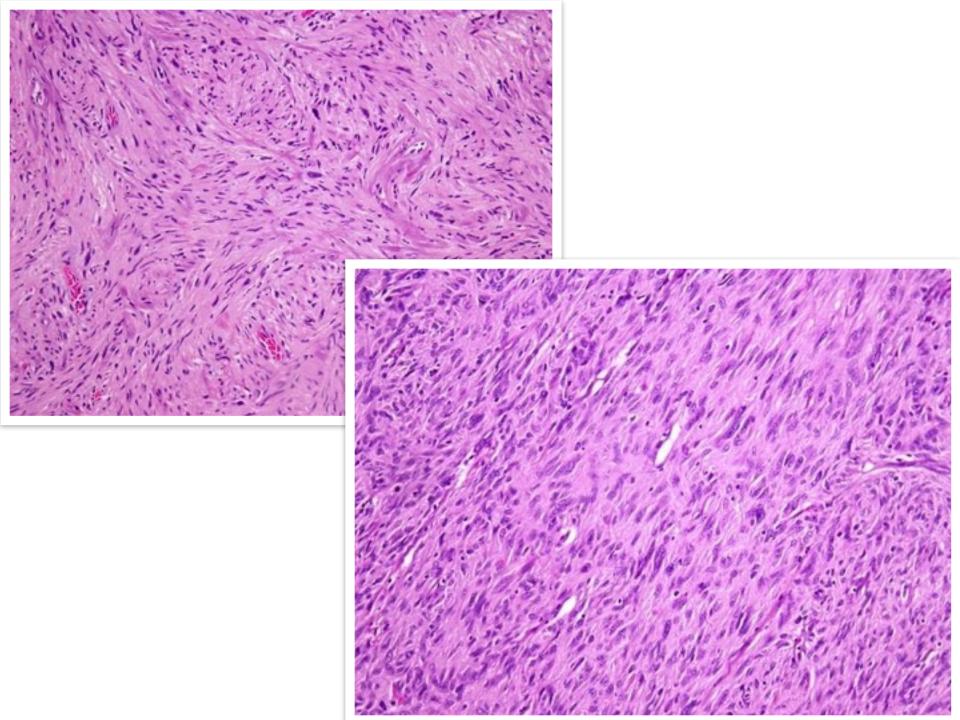
 ICC have a "pacemaker" function and are important in coordinating peristalsis

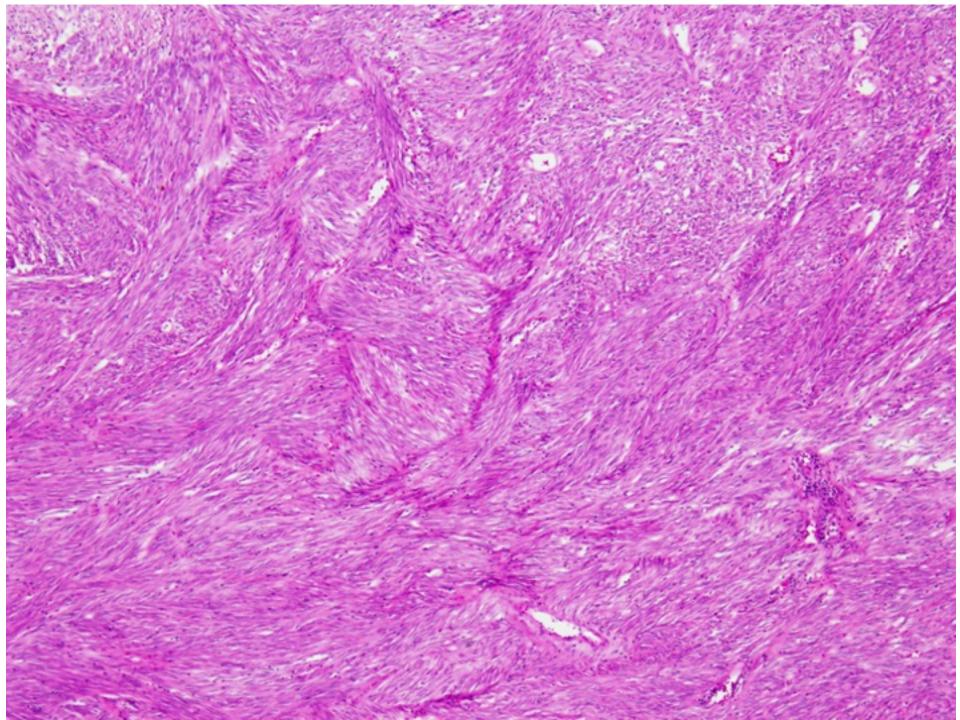
Immunohistochemical Profile of GIST

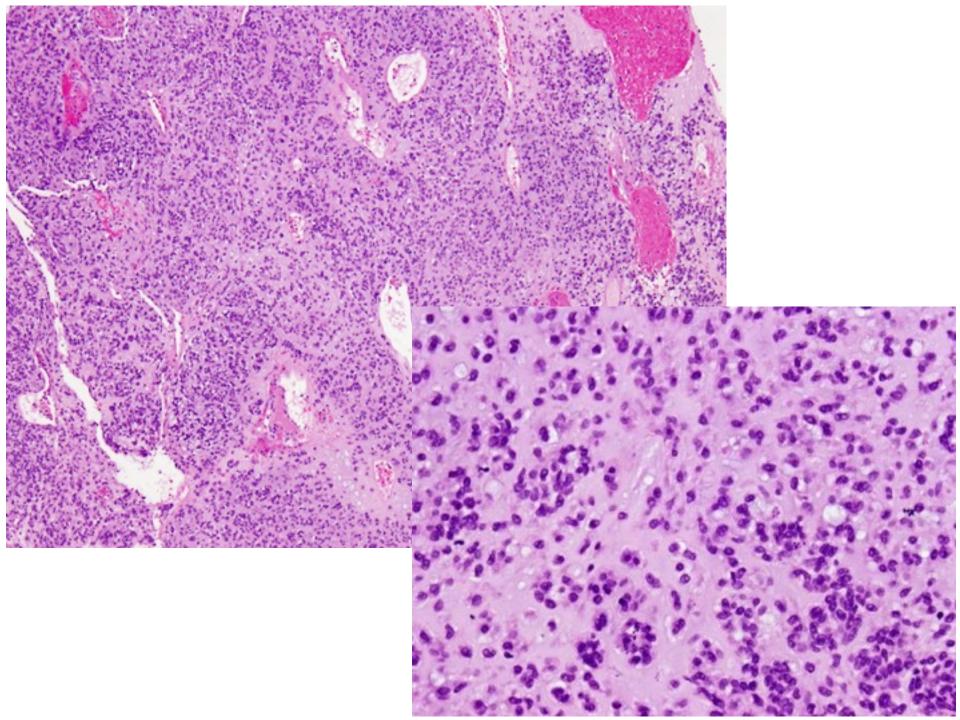
H&E	CD117 (KIT)	CD34	Smooth muscle actin	S100 protein	Desmin	Pan- keratin
	95%	70%	30%	5%	2%	<1%
	+ +	+ +	+ +	+ +	+ +	+ +

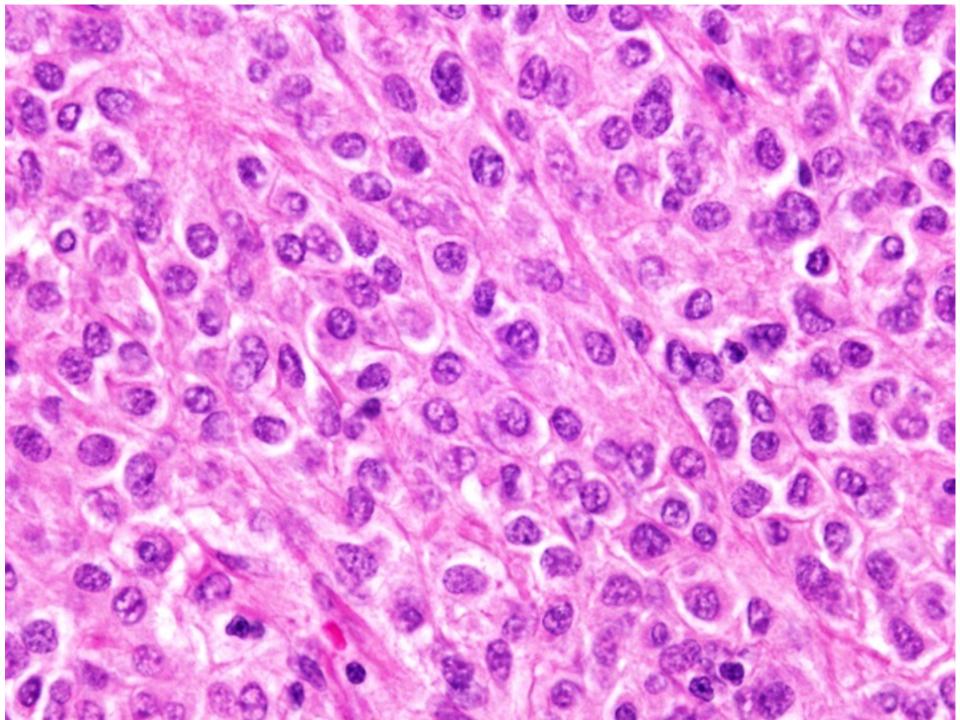
KIT (CD117) +ve (95%) CD34 +ve (70%) SMA +ve (30-40%) Desmin –ve S-100 protein –ve Keratin –ve

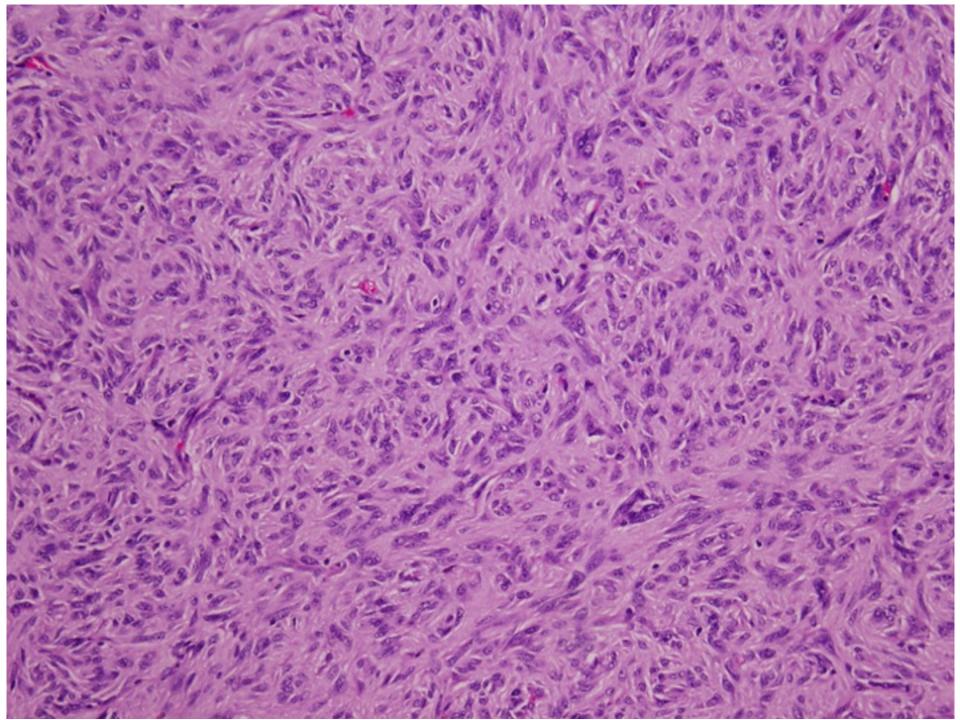
The many faces of GIST.

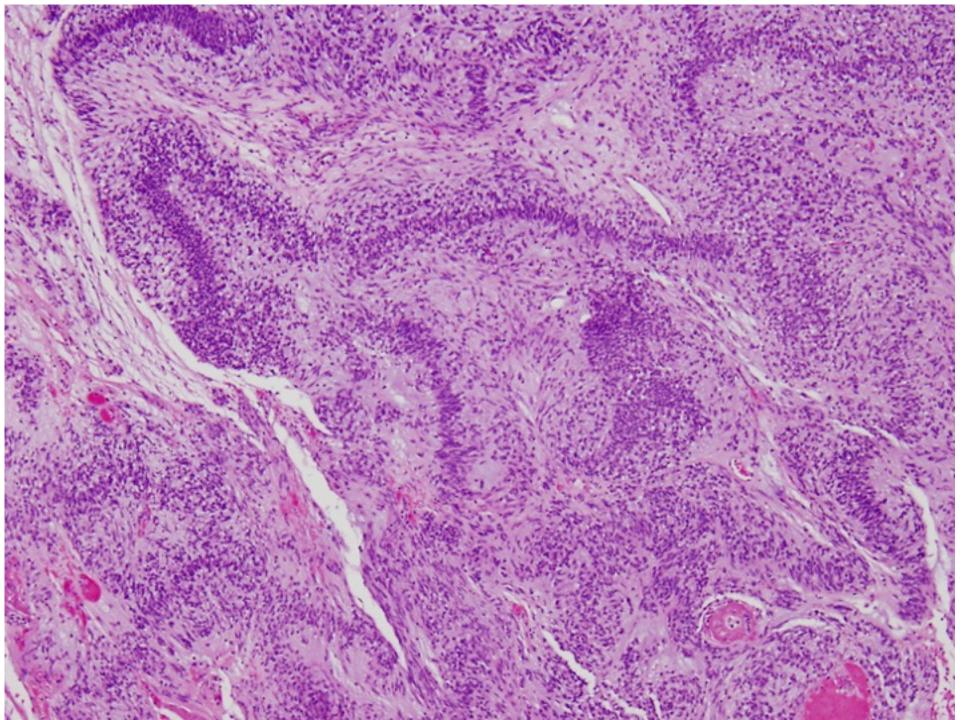


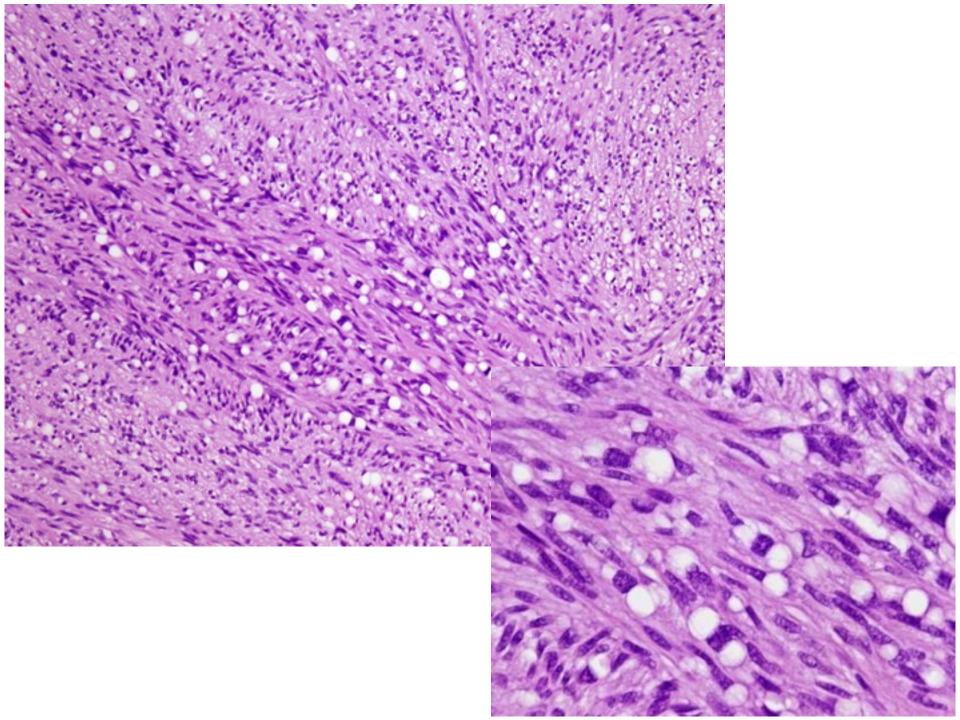


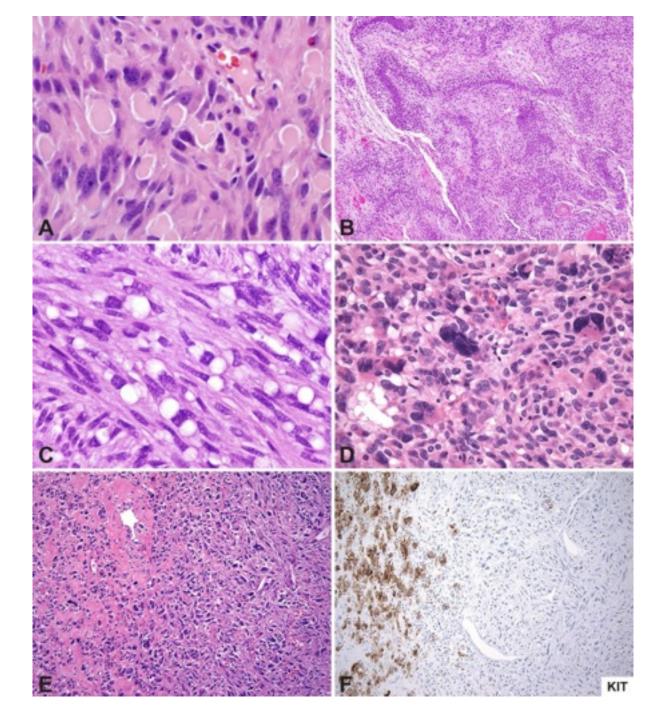


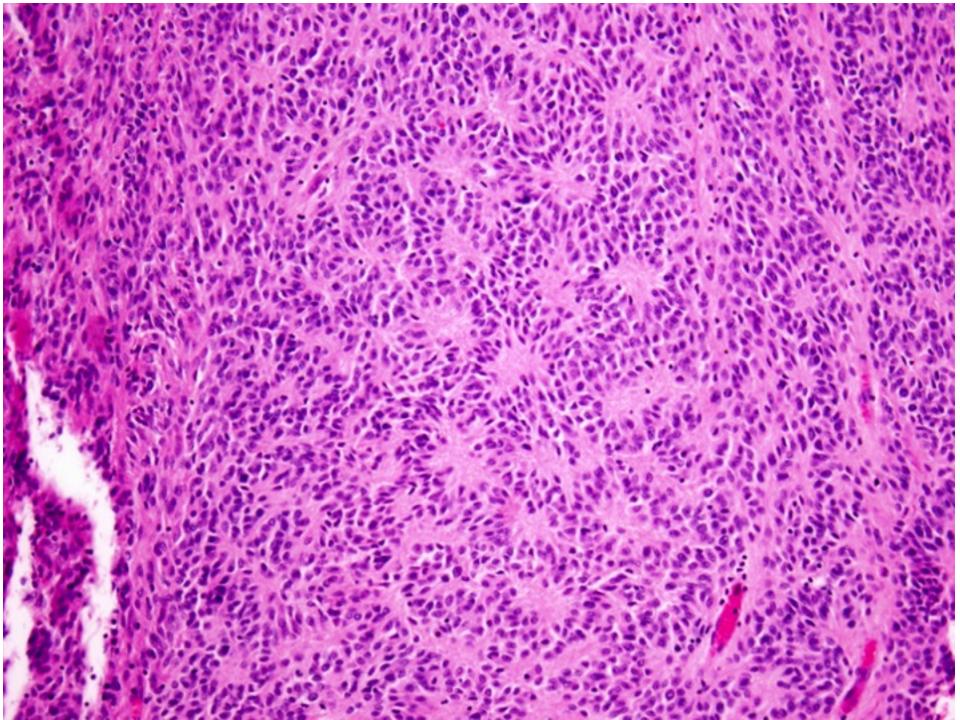


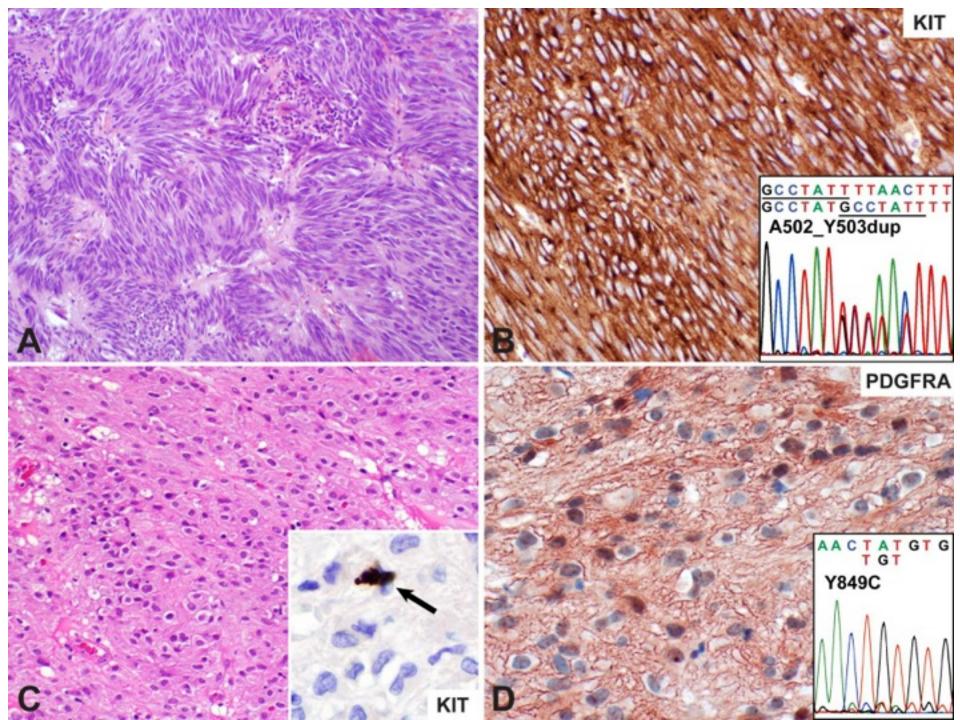


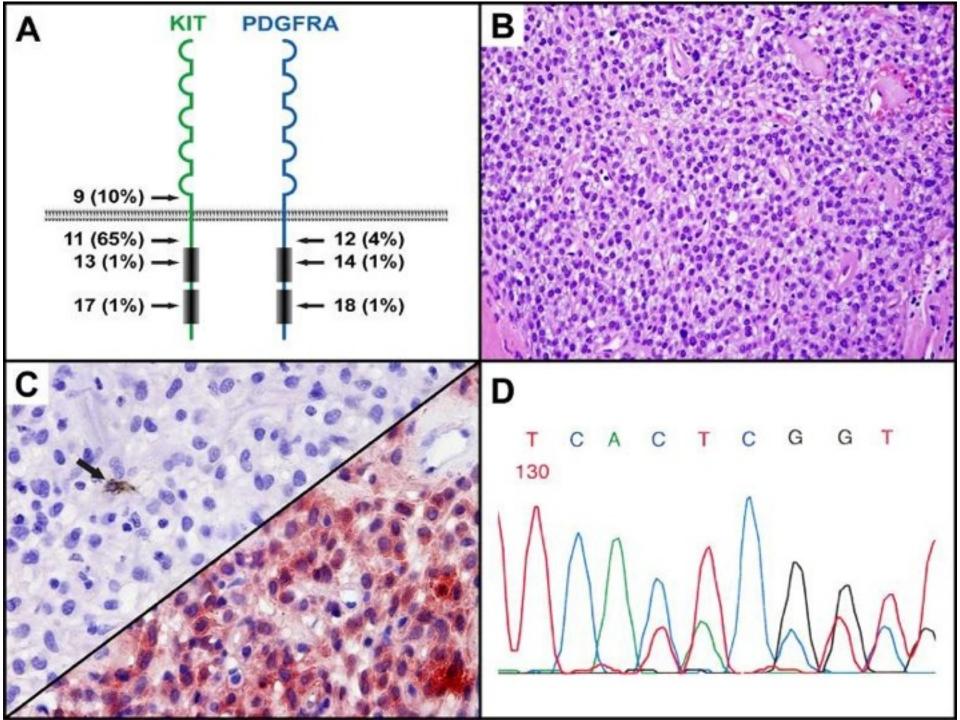


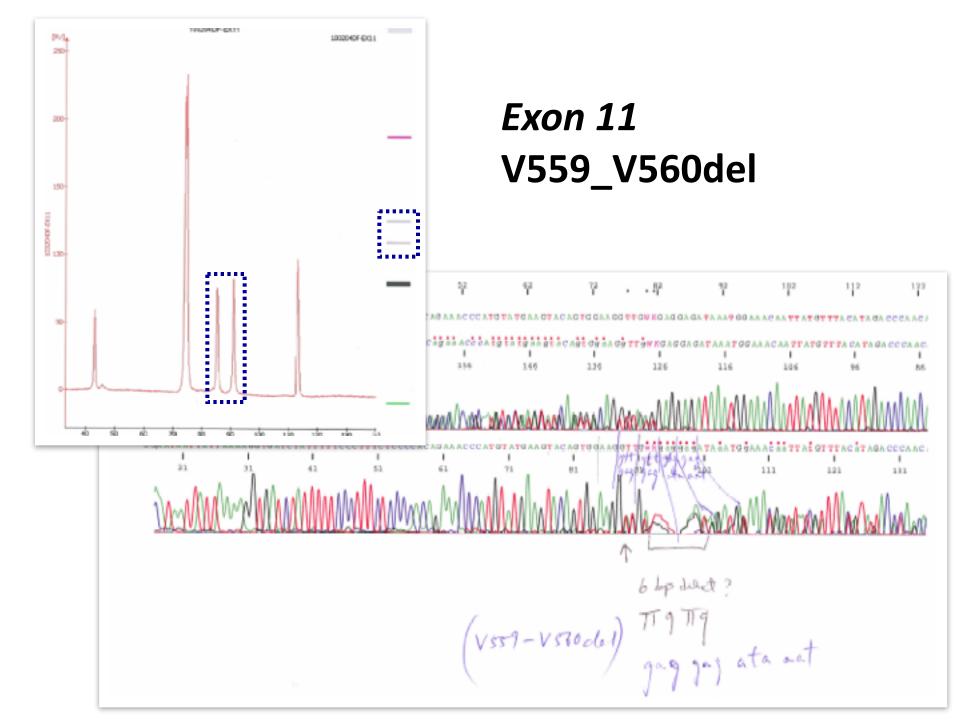


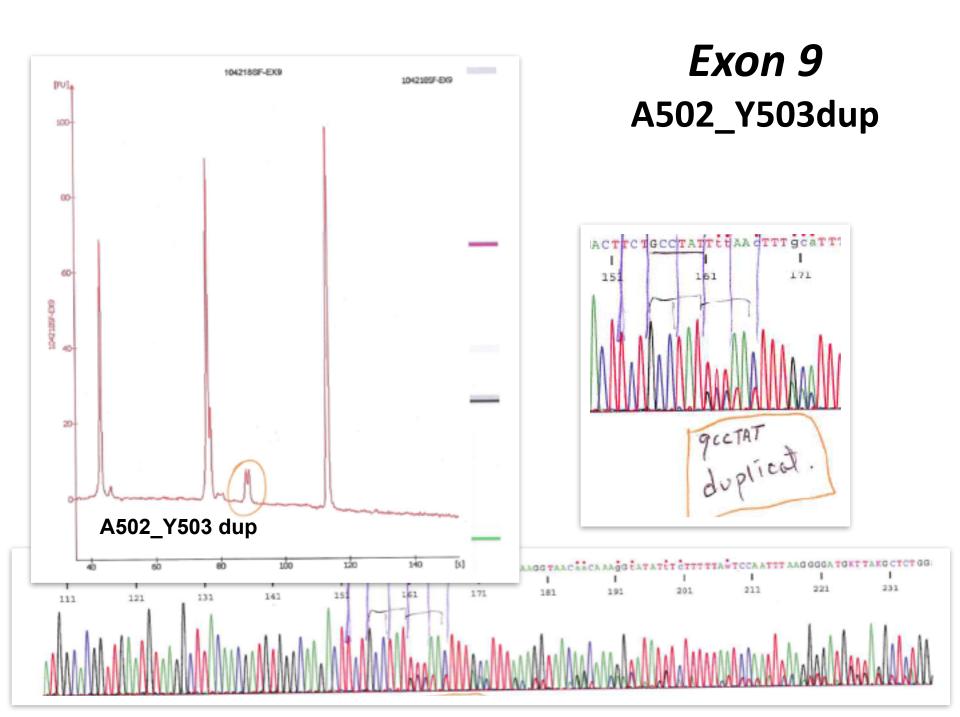


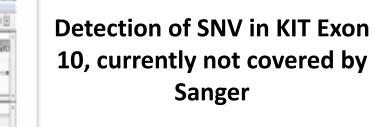




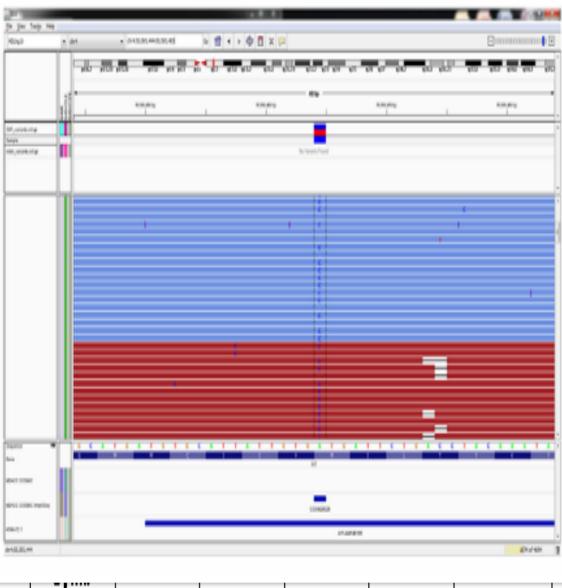






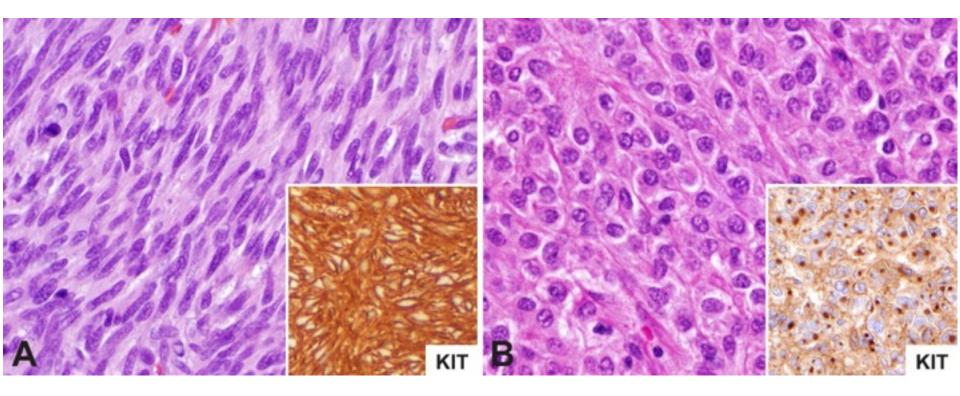




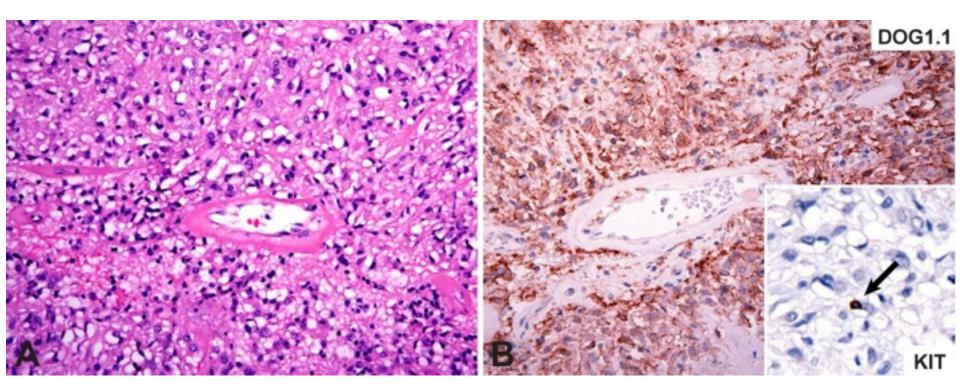


	-1			
3346				

KIT immunoreactivity in GIST



KIT-negative GIST



Gastric GISTs with Distinctive Histology (Multinodular/Plexiform)

• Pediatric GISTs

Female predominance (peak 2nd decade) Indolent, but late metastases common Molecular genetic basis unknown

Carney Triad

Gastric GIST, pulmonary chondroma, paraganglioma Molecular genetic basis unknown

Carney-Stratakis Syndrome

Gastric GIST and paraganglioma

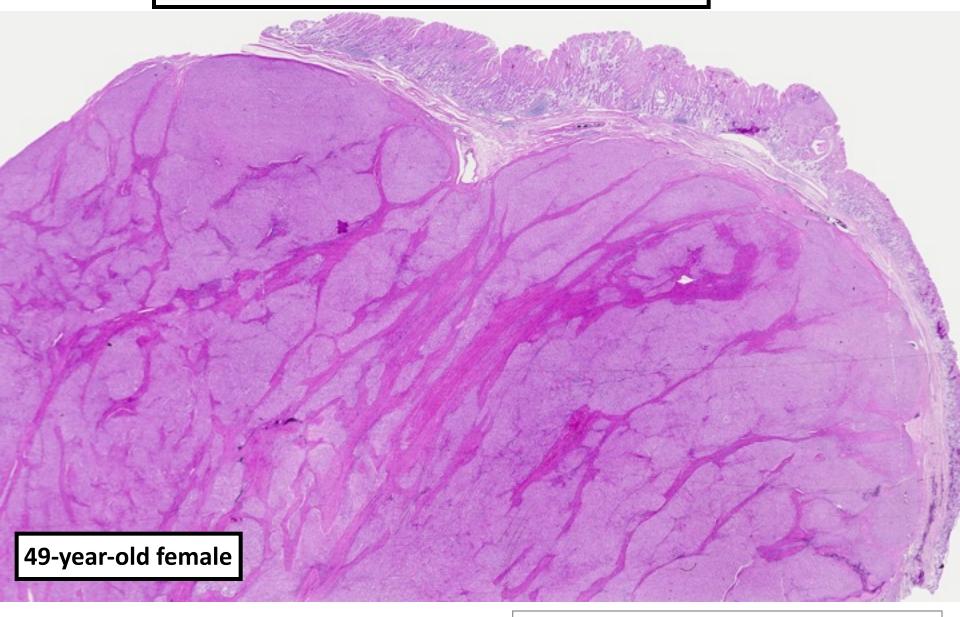
Germline mutations in succinate dehydrogenase subunit genes (SDHA, SDHB, SDHC, or SDHD)

GIST with Distinctive Histology

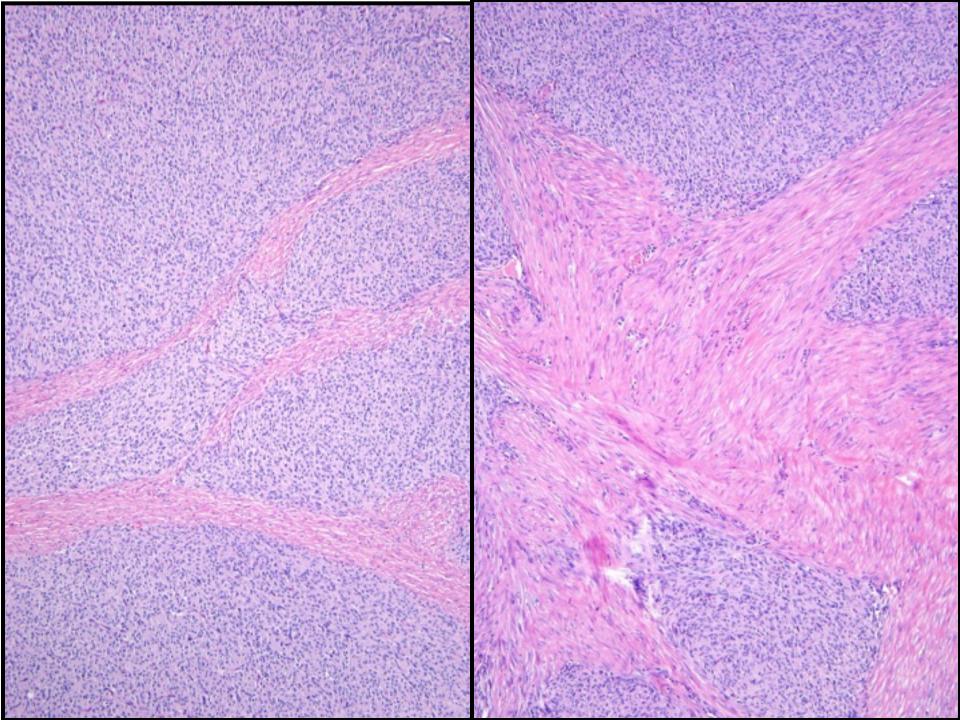
- Multinodular/plexiform growth pattern
- Epithelioid or mixed morphology
- "Pediatric-type" or "type 2" GISTs
- Loss of SDHB staining by IHC
- Lymph node metastases common
- Distant metastases common clinically indolent
- Current risk assessment criteria do not reliably predict behavior
- No response to imatinib



Pediatric-type GIST in an Adult



Courtesy of Jason Hornick, BWH/Harvard, Boston, MA







KIT exon 11-mutant GIST

SDHB

"Wild-type" gastric GIST

Risk assessment in GIST

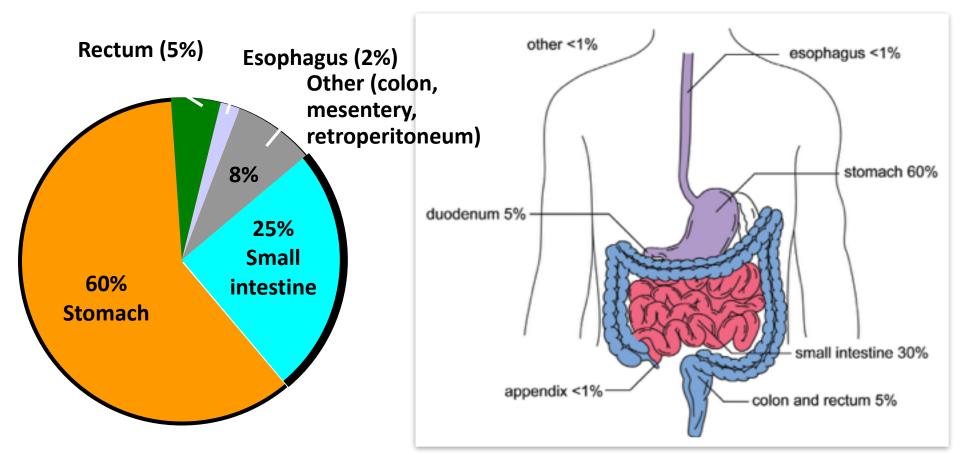
GIST – Prognostic Factors Size Mitotic Rate **Anatomic Location** Pleomorphism Cellularity Necrosis **Mucosal Invasion** Proliferation Markers (Ki-67, Mib-1, PCNA, etc) **DNA Flow Cytometry Image Analysis Nuclear Organizer Regions**

Problem – Small GISTs without mitoses can metastasize!

NIH Consensus Risk Assessment

	Size	Mitotic Count
Very Low Risk	< 2 cm	< 5/50 HPF
Low Risk	2-5 cm	< 5/50 HPF
Intermediate Risk	< 5 cm	6-10/50 HPF
	5-10 cm	< 5/50 HPF
High Risk	> 5 cm	> 5/50 HPF
	> 10 cm	Any Mitotic Rate
	Any Size	> 10/50 HPF

GIST: Sites of Involvement



Omentum, mesentery, pelvis and retroperitoneum = EGIST (<1%)

Hornick & Lazar. GSI website: Understanding Your Pathology Report for GIST.

2007/2010/2014 NCCN GIST Risk Assessment Guidelines***

Tumor	Parameters	Risk of	Progressive	Disease	
	Size	Gastric	Duodenum	Jejunum/lleum	Rectum
Mitotic	≤ 2 cm	None (0%)	None (0%)	None (0%)	None (0%)
Index	> 2 ≤ 5 cm	Very low (1.9%)	Low (8.3%)	Low (4.3%)	Low (8.5%)
≤ 5 per 50 hpf	> 5 ≤ 10 cm	Low (3.6%)	(Insuff. data)	Moderate (24%)	(Insuff. data)
	> 10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
Mitotic	≤ 2 cm	None*	(Insuff. data)	High*	High (54%)
Index	> 2 ≤ 5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
> 5 per 50 hpf	> 5 ≤ 10 cm	High (55%)	(Insuff. data)	High (85%)	(Insuff. data)
	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

GIST - Gross Appearance



Courtesy of Brian Rubin, Cleveland Clinic



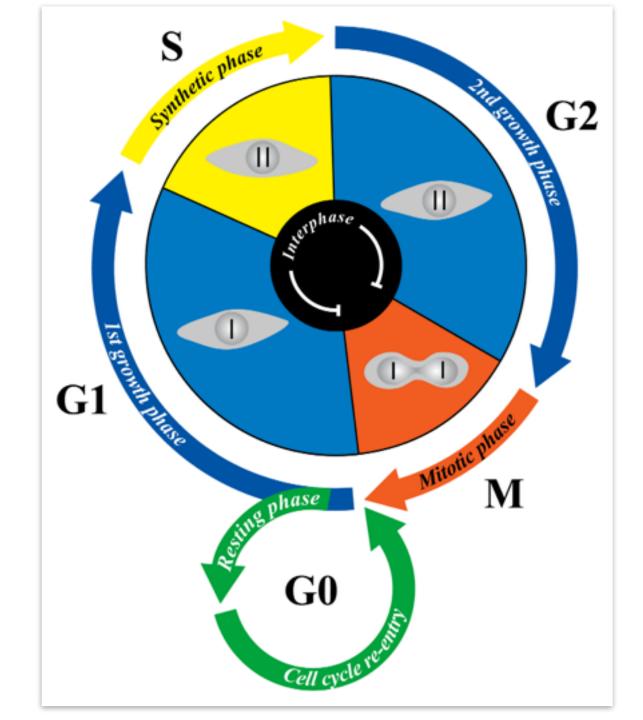


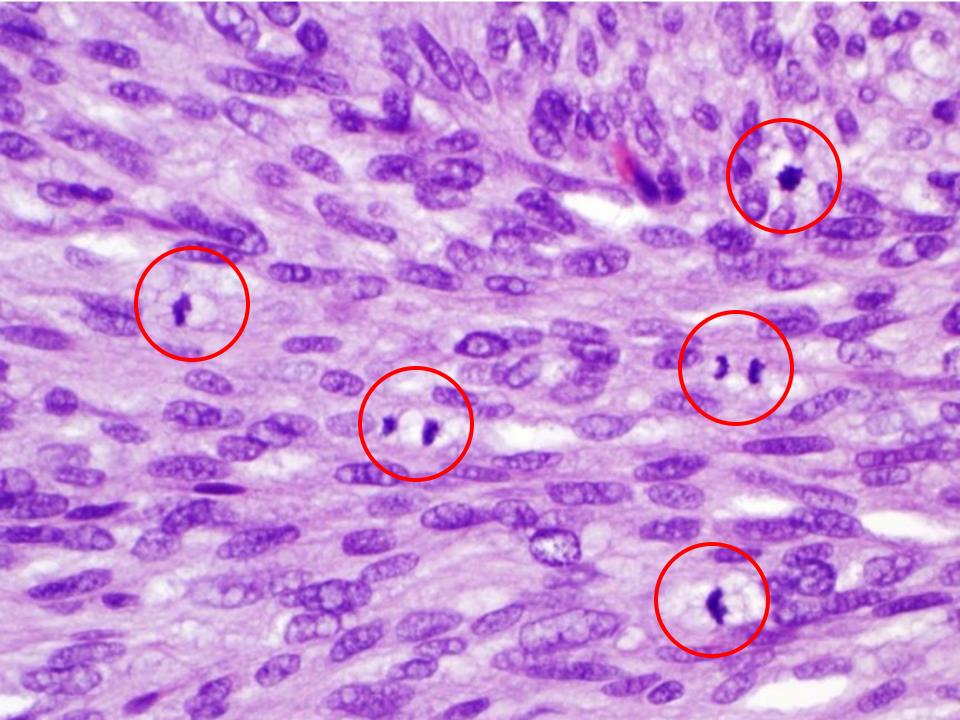
2007/2010/2014 NCCN GIST Risk Assessment Guidelines***

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	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

***Modified from Miettinen & Lasota, *Semin Diagn Pathol*, 2006 by Dr. Chris Corless, OHSU Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal and 111 rectal GIST

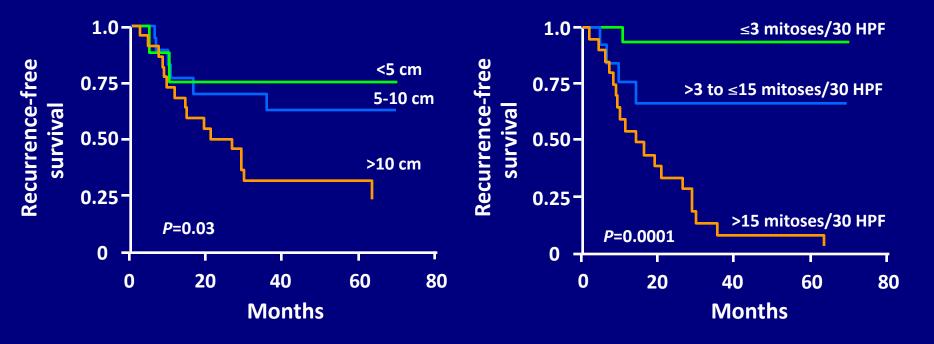
Miettinen et al. 2005 and 2006





GIST - Recurrence-Free Survival Following Surgical Treatment of Primary GIST

 Recurrence-free survival is predicted by tumor size and mitotic index



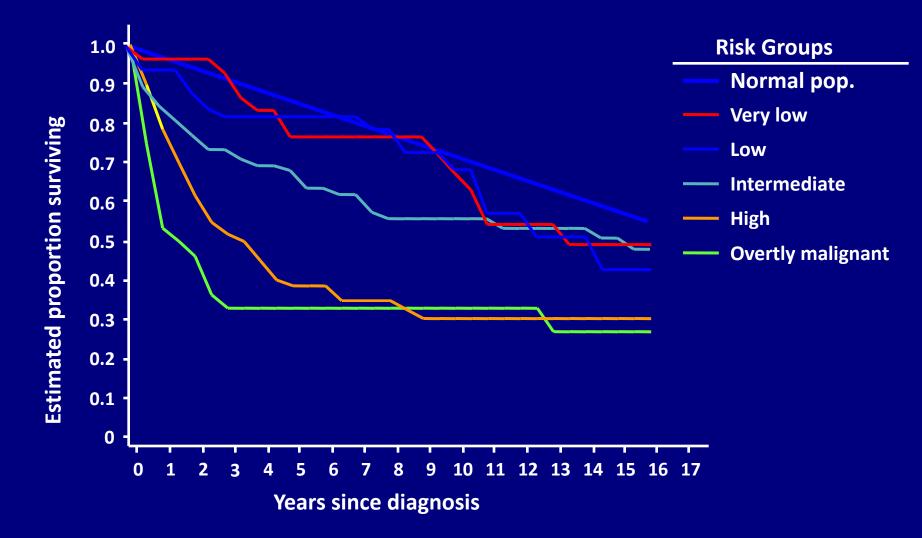
Singer et al. J Clin Oncol. 2002;20:3898

FNCLCC Grading

- All three numbers are summated to determine degree of differentiation
- Grade 1 : 2-3
- Grade 2 : 4-5
- Grade 3 : 6-8
- Proven to correlated well with survival

- <u>Mitotic Count.</u> In the most mitotically active area, ten successive high-power fields (at 400x magnification=0.1734 mm²) using a 40x objective.
- 1. 0-9 mitoses per 10 HPFs
- 2. 10-19 mitoses per 10 HPFs
- 3. >20 mitoses per 10 HPFs
- <u>Tumor necrosis.</u> Evaluated on gross examination and validated with histological sections
- 0 No tumor necrosis
- 1. <50% tumor necrosis
- 2. >50% tumor necrosis
- <u>Degree of Differentiation.</u> 1-3

GIST - Overall Survival by Risk Group



Kindblom. at: http://www.asco.org

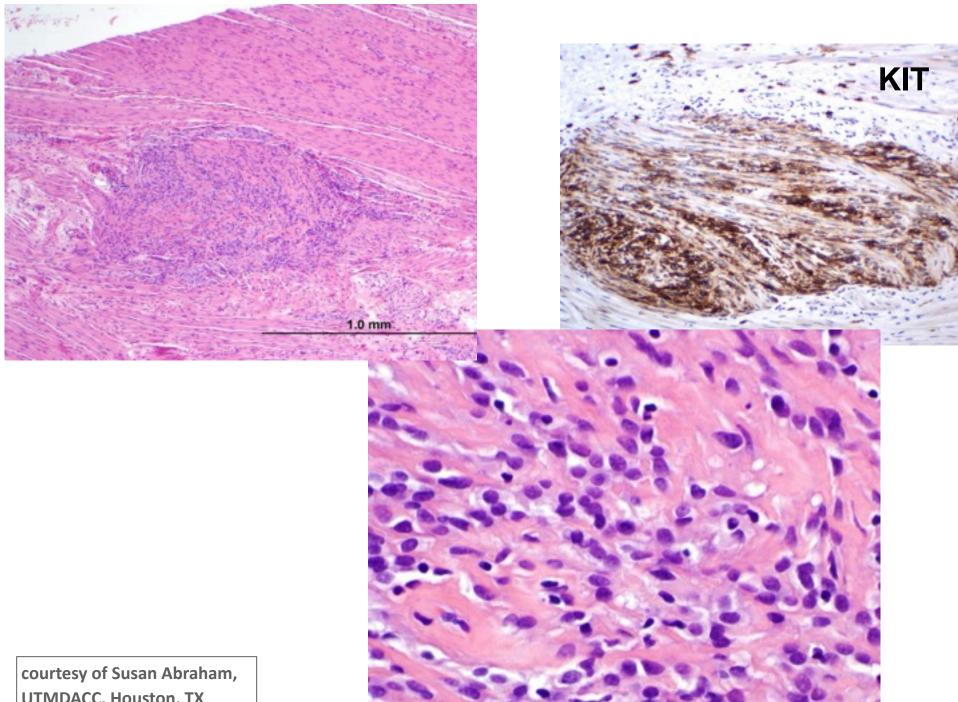
Clinical Characteristics of GIST

Wide age range – peak in 5th-7th decade

M = F

Small lesions = "incidentalomas"

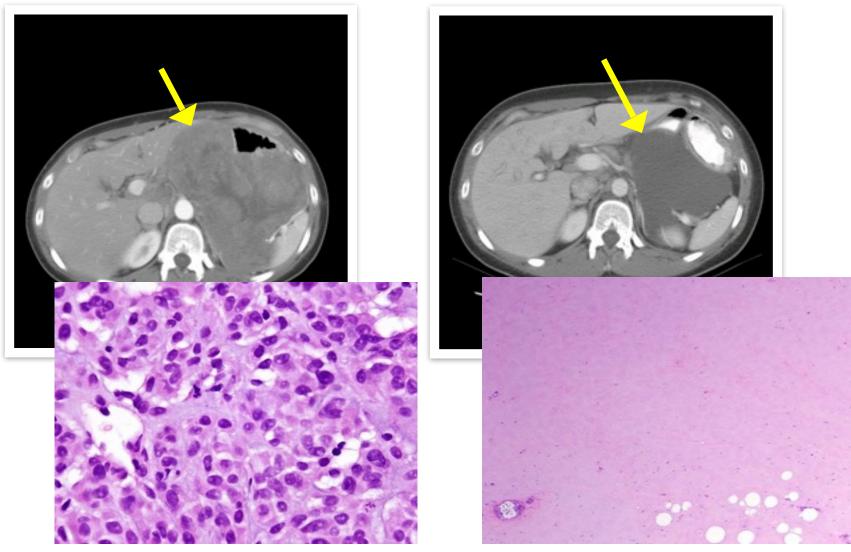
Presenting symptoms include: abdominal pain, gastrointestinal bleeding, early satiety, symptoms referable to a mass



UTMDACC, Houston, TX

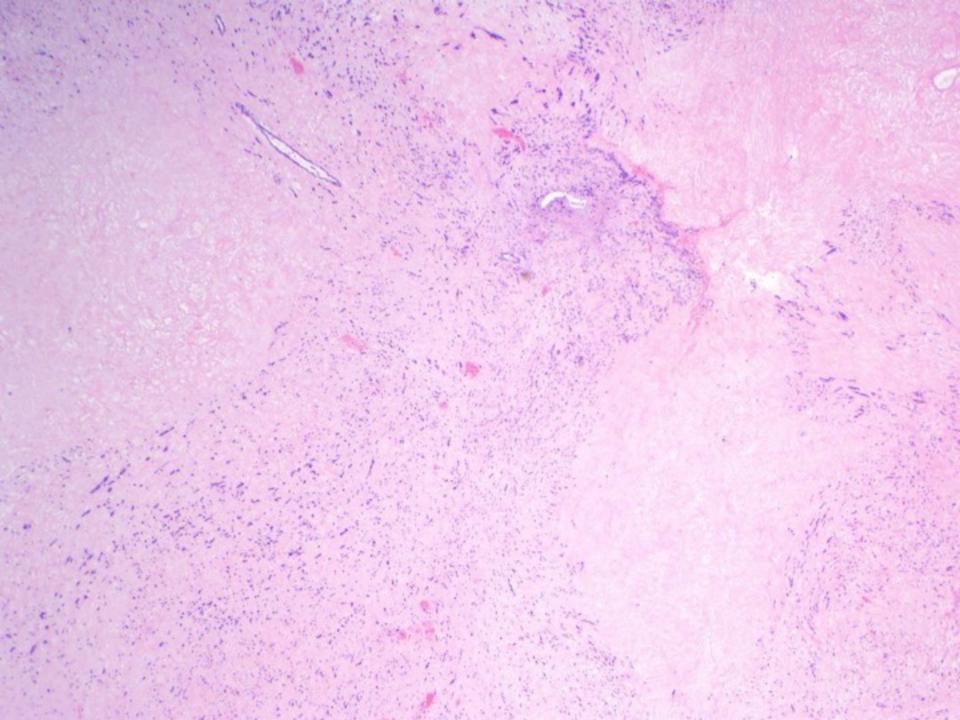
Treatment can cause big changes.

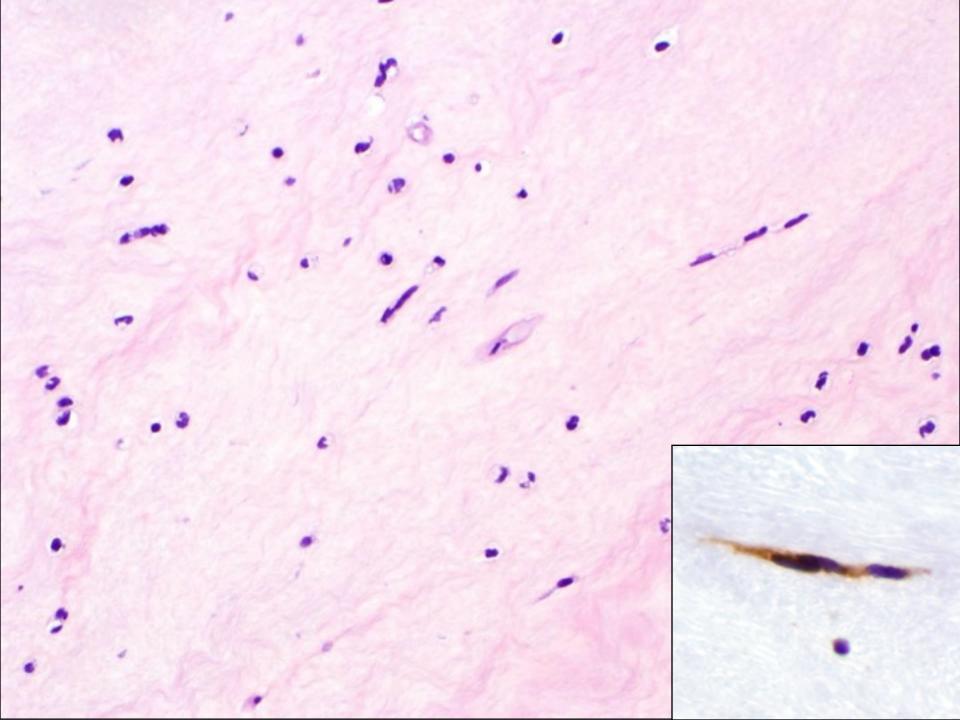
Treatment effect



Pre-Imatinib

Post-Imatinib (8 weeks therapy)







Case No. 12 - Marked Effect – 5 days pre-op (exon 11)

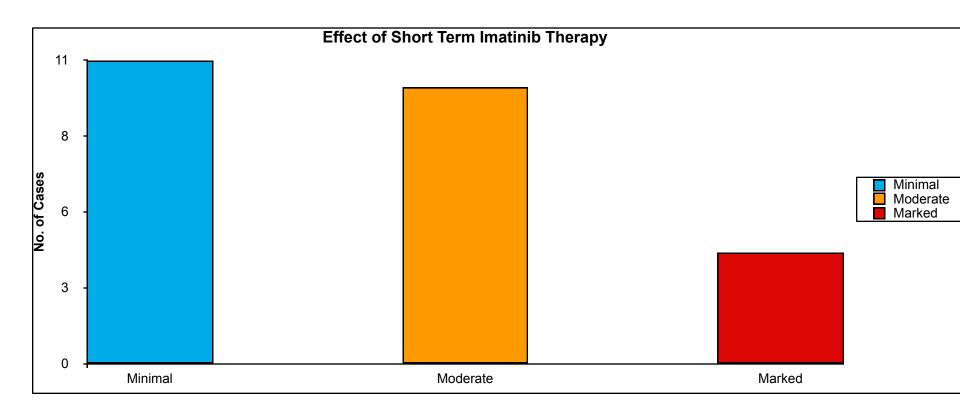
Case 8. - Moderate Effect – 3 days pre-op (exon 11)

Case 11. - Moderate Effect – 5 days pre-op (exon 11)

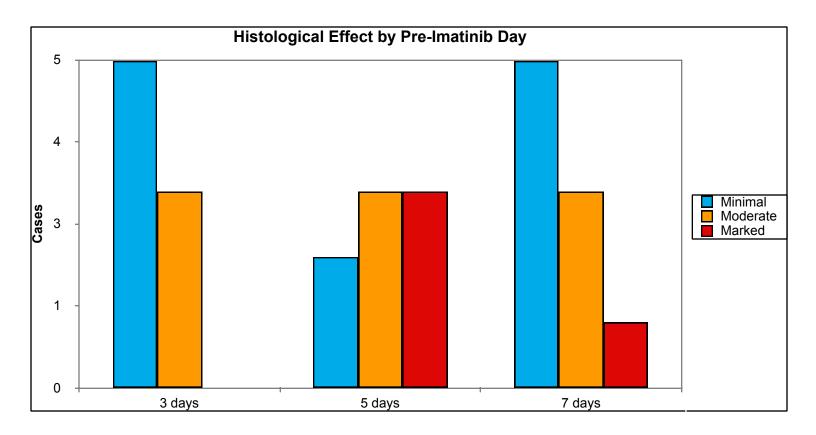
Case 20. Minimal Effect – 5 days pre-op (exon 11)

Results

- Minimal effect: 11/25 (44%)
- Moderate effect: 10/25 (40%)
- Marked effect: 4/25 (16%)

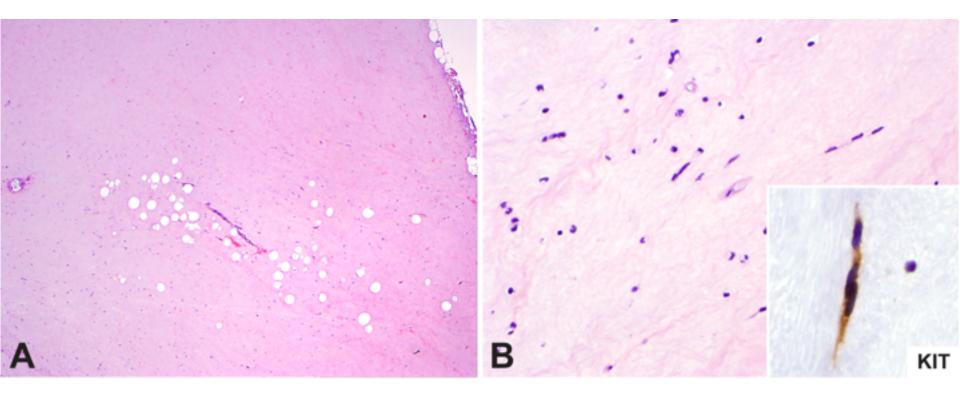


Early Histologic Effects of Imatinib Duration of Therapy

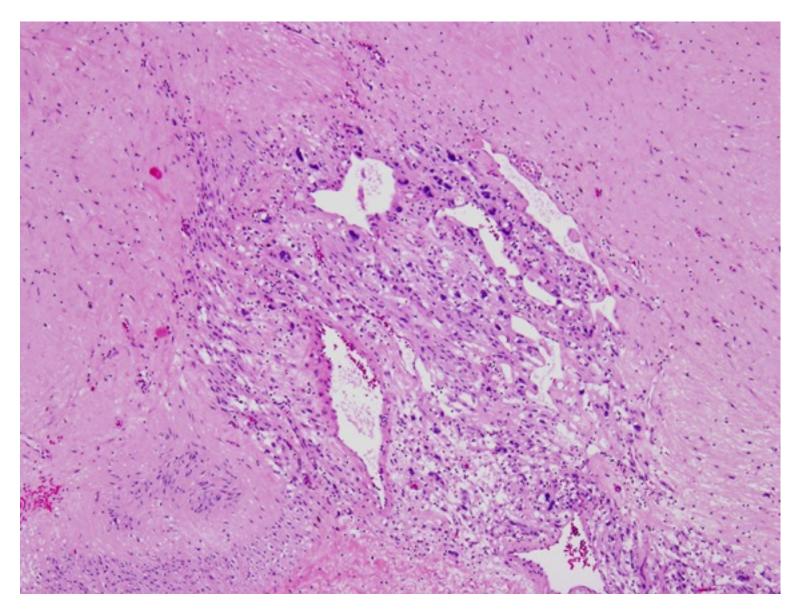


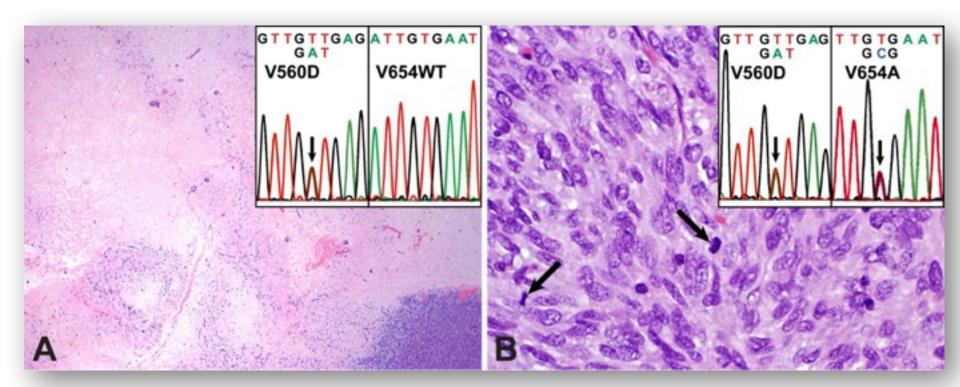
- Minimal and Moderate effects were seen across all durations of therapy
- Marked effect appeared to be a late finding peaking at 5 days

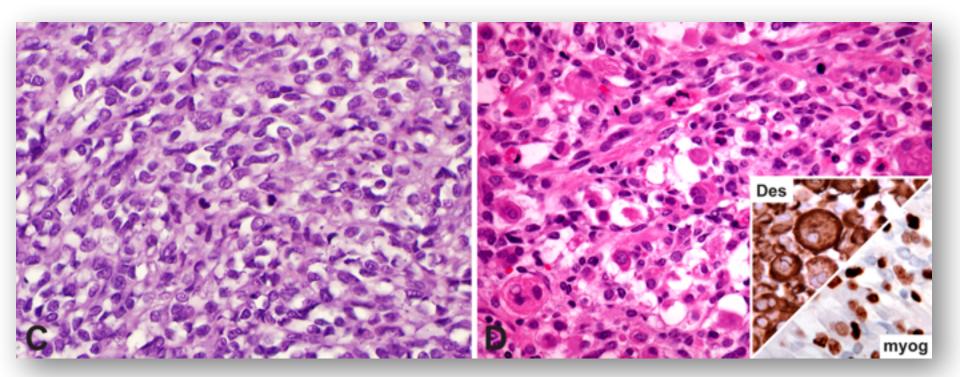
Long term Imatinib Tx



Long term Imatinib Tx

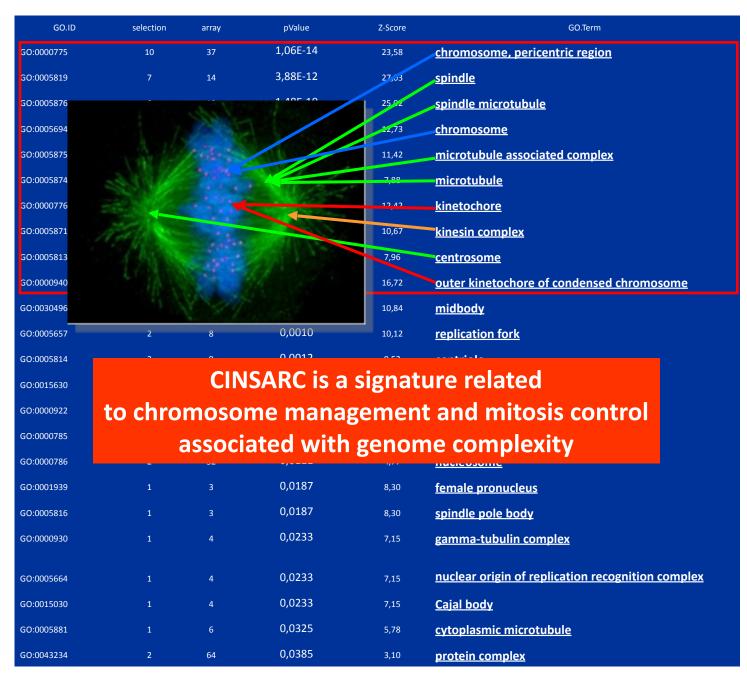




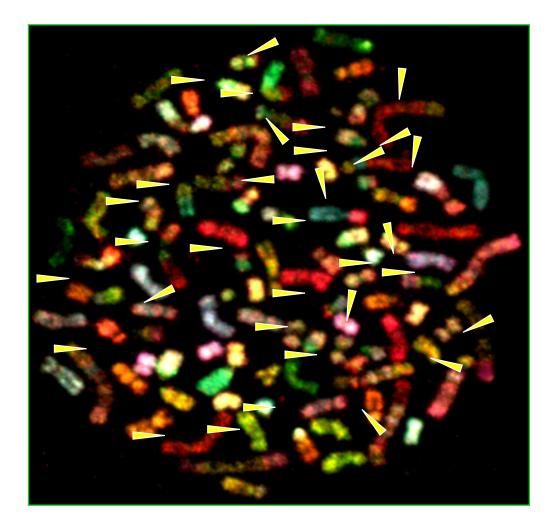


What is new and exciting in GIST pathology?

CINSARC : GO analysis of the 67 significant genes



Chromosomal complexity and prognosis



97 chromosomes and more than 50 translocations

Chromosomal complexity in sarcomas

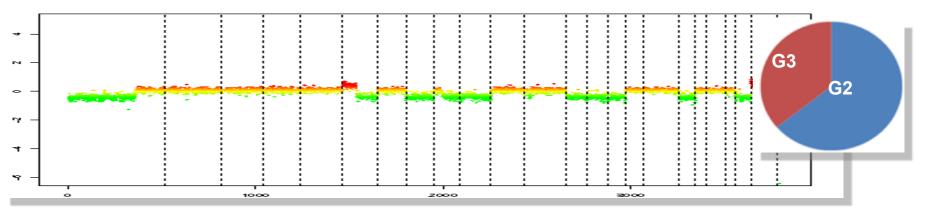
- Alain Aurias and Frédéric Chibon
- Sarcomas with a complex genetic profile
- Array-CGH and expression profile analyses
- Which genes / pathways are related to the chromosomal complexity ?
- Is there a link between chromosomal complexity and prognosis ?

Chromosomal instability signature Carter et al Nat Genet 2002

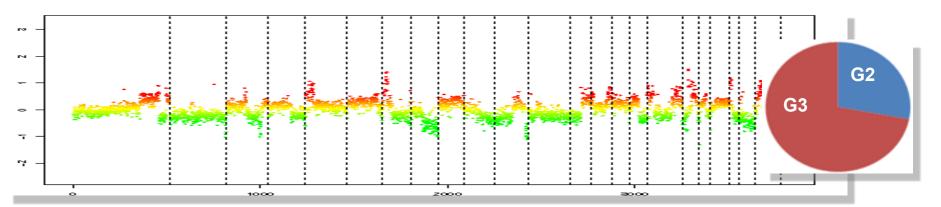
- Computational method for evaluating aneuploidy
- Analysis of genes differentially expressed according to the level of aneuploidy
- Aneuploidy is a consequence of chromosomal instability (CIN)
- CIN70 signature predicts survival in several types of cancers
- No prediction in our series of sarcomas

Courtesy of J-M Coindre & F Chibon, Bordeaux, France (Fresch Sarcoma Group)

« Arm » Profile



« Rearranged » Profile



Courtesy of J-M Coindre & F Chibon, Bordeaux, France (Fresch Sarcoma Group)

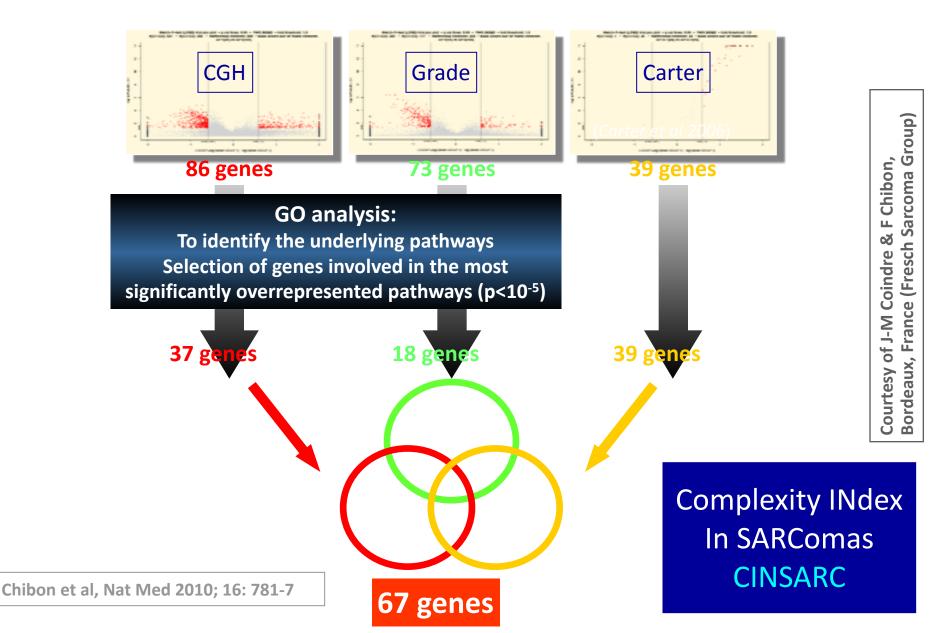
Genomic complexity and prognosis Possible approaches

- (Histological grading)
- Array-CGH
- Carter signature

Courtesy of J-M Coindre & F Chibon, Bordeaux, France (Fresch Sarcoma Group)

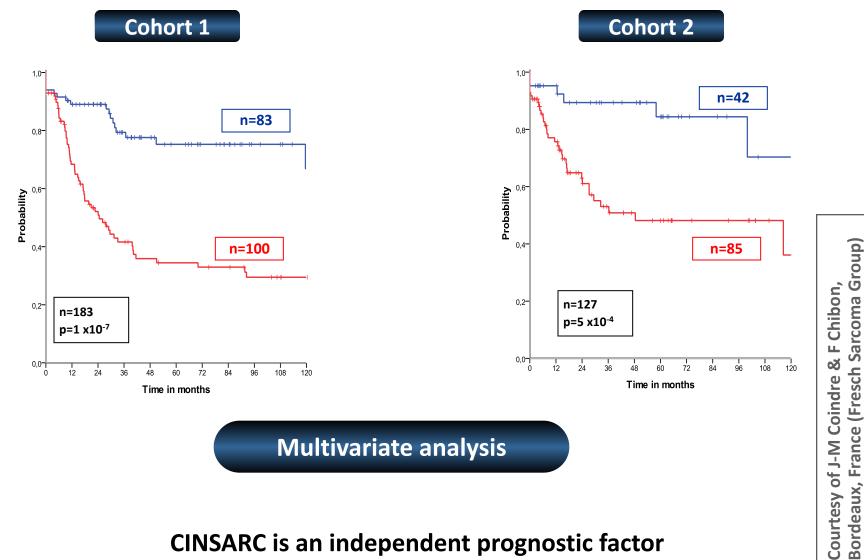
Molecular grading in sarcomas

3 t tests to compare the expression profiles of tumors classified according to:



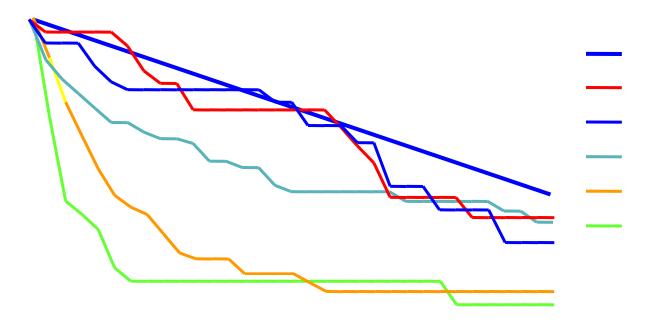
CINSARC: Prognostic signature ?

Prognostic value of CINSARC: Metastasis free survival



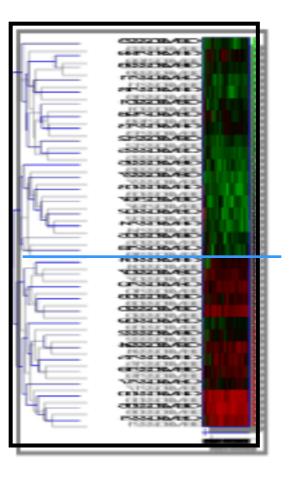
CINSARC is an independent prognostic factor

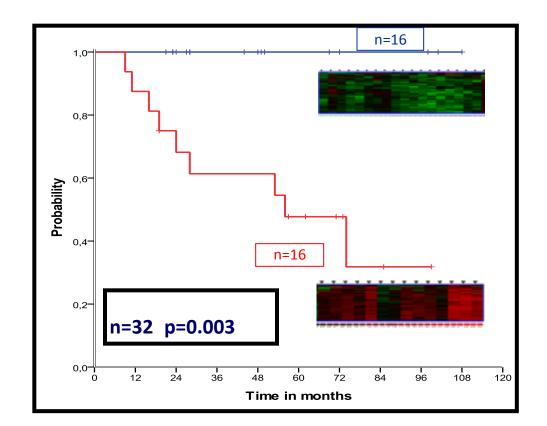
GIST - Overall Survival by Risk Group



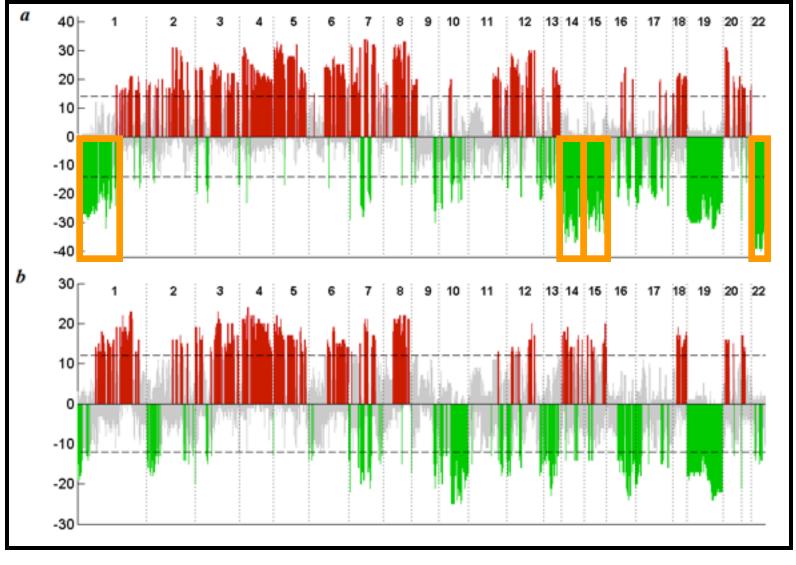
Kindblom. at: http://www.asco.org

CINSARC and GIST In-silico study of 32 GISTs (Yamaguchi *et al* 2008)



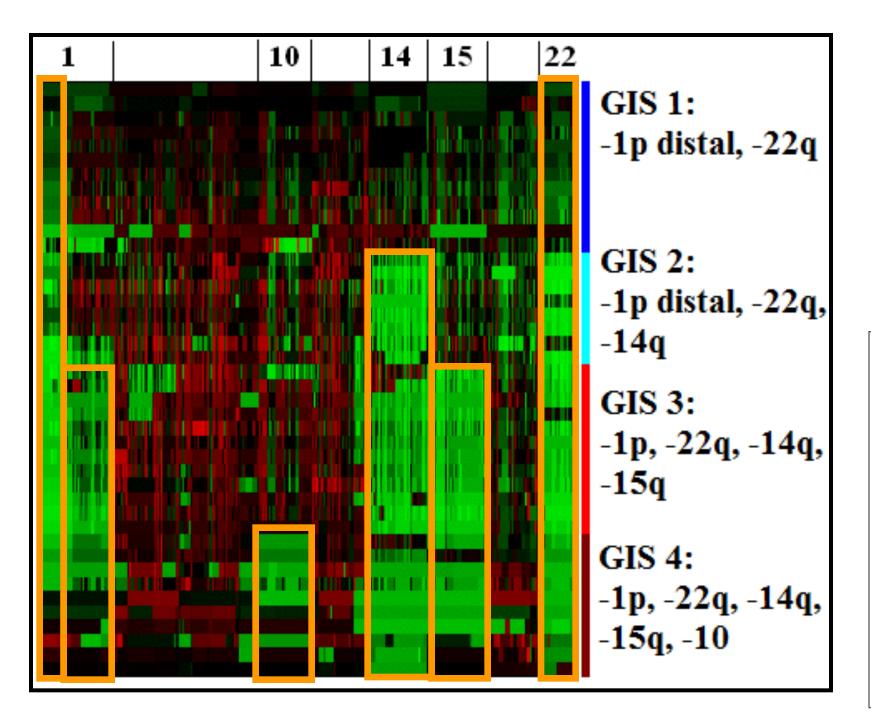


Courtesy of J-M Coindre & F Chibon, Bordeaux, France (French Sarcoma Group) GIST (n=42)

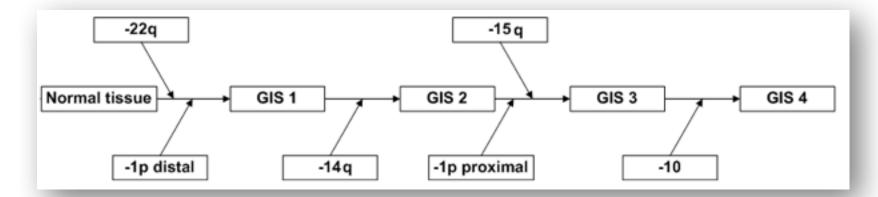


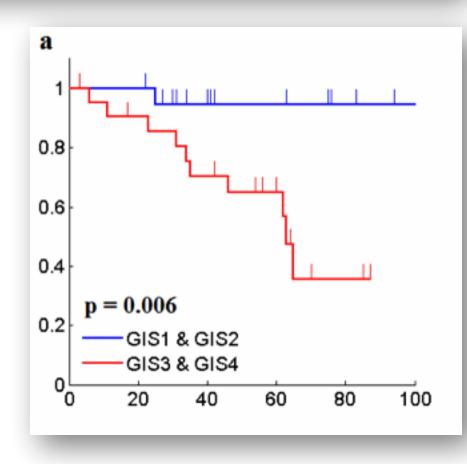
LMS (n=30)

Ylipää A, et al. Cancer 2011 117(2)380-9, 2011



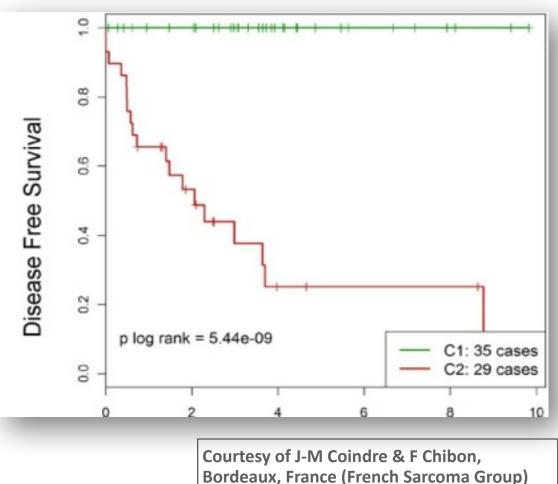
Ylipää A, et al. Cancer 2011 117(2)380-9, 2011





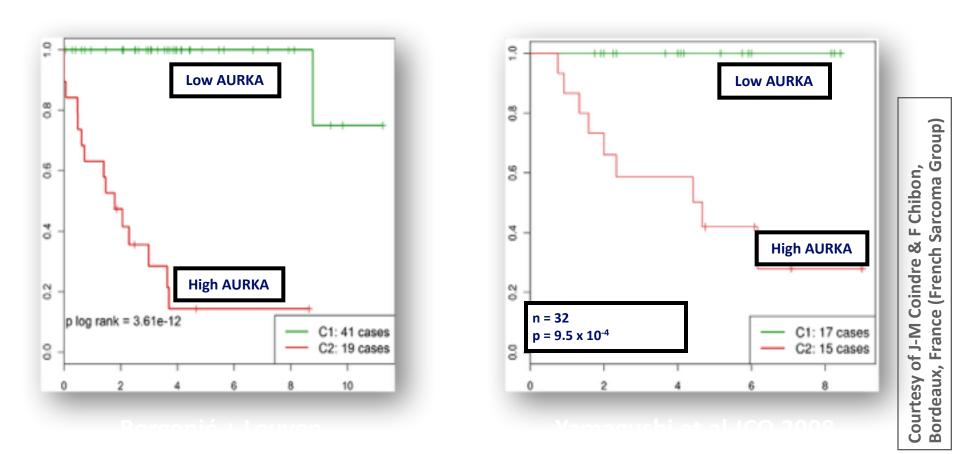
GIST and molecular signature (Lagarde et al. Clin Cancer Res 2012;18: 826-838)

- 67 patients
 (Leuven + Bordeaux)
- Localised GIST
- No adjuvant treatment
- Frozen tissue from prima
- Miettinen classification
- Follow-up



GIST and molecular signature (Lagarde et al. Clin Cancer Res 2012;18: 826-838)

AURKA is a prognostic factor in GIST



AURKA – top ranked gene in CINSARC

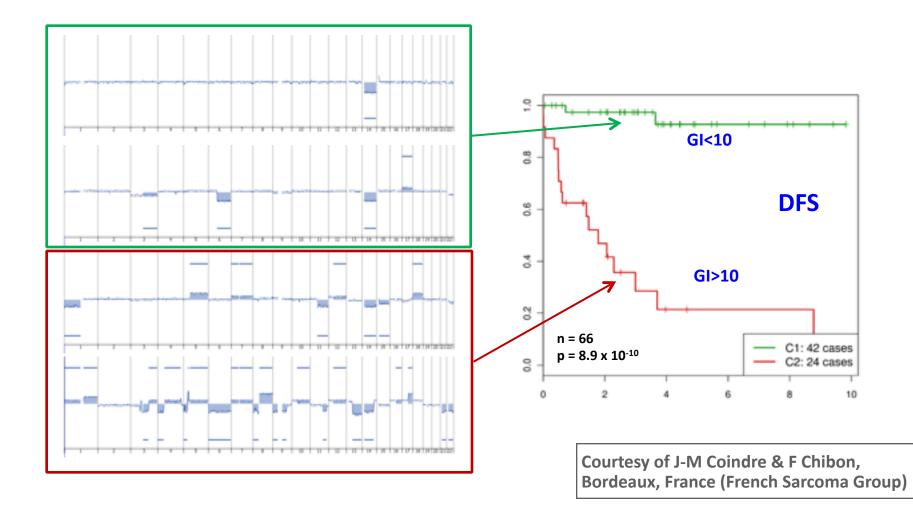
- Gene maps to chromosome 20q13
- Mitotic centrosomal protein kinase
- Control of chromosome segregation
- Overexpression induces centrosome duplication/distribution abnormalities and aneuploidy
- Overexpression associated with poor prognosis in several cancers

Courtesy of J-M Coindre & F Chibon, Bordeaux, France (French Sarcoma Group)

Prognosis in GIST

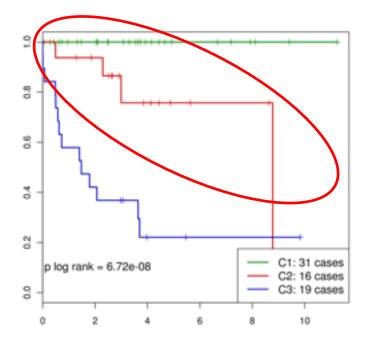
- AURKA is overexpressed in aggressive GIST
- No amplification of AURKA
- Deletion of p16 (CDKN2A) or RB1
- Likely causal events leading to increase AURKA and CINSARC gene expression, chromosomal instability and complexity, and finally to metastasis

Genomic Index (GI) is a prognostic factor in GIST...

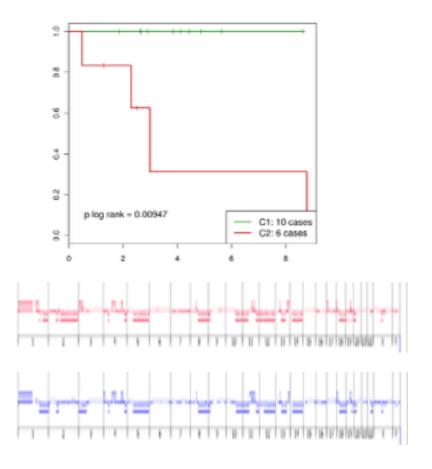


GIST and molecular signature

(Lagarde et al. Clin Cancer Res 2012;18: 826-838)



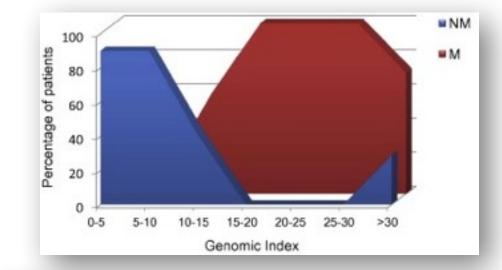
Courtesy of J-M Coindre & F Chibon, Bordeaux, France (French Sarcoma Group)

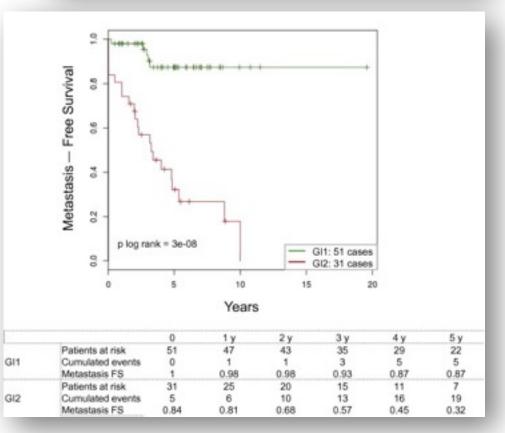


Latest Data

82 intermediate-risk (AFIP) GISTS Array CGH from FFPE blocks

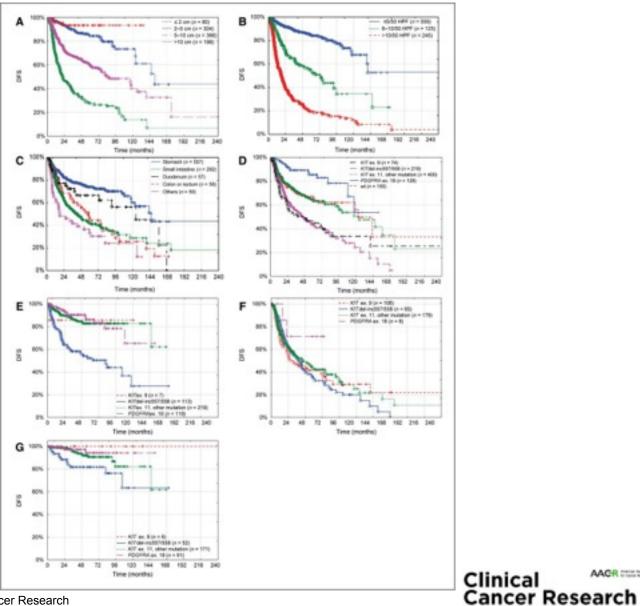
- Leuven (M Debiec-Rychter)
- Köln (E Wardelmann)
- Warsaw (P Rutkowski)
- Treviso (AP Dei Tos)
- French Sarcoma Group





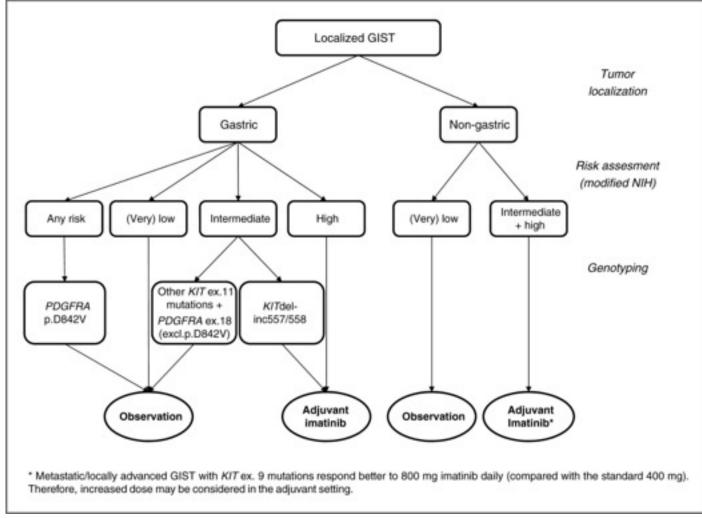
Chibon & Colleagues. Eur J Cancer 2014; 51(1):75-83.

Disease-free survival (DFS) by tumor size (A), mitotic count per 50 HPF (B), tumor site (C), and mutational status (D); P < 0.0001 for all.



AACR to take hours

The recommendations for adjuvant imatinib therapy by integration of the risk assessment (based on modified NIH classification) and tumor genotype [KIT ex. 9 p.A502_Y503dup, KIT ex. 11 (KITdel-inc557/558 and other), and PDGFRA ex. 18 (p.D842V and other)] in ...



Agnieszka Wozniak et al. Clin Cancer Res 2014;20:6105-6116



Thanks!

Acknowledgements

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- Jason Hornick, Brigham & Women's Hospital/Harvard
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- Michael Heinrich & Chris Corless, University of Oregon.
- Jon Trent, University of Miami.
- Many Fine Colleagues at UTMDACC.